

2009-2010 Region II ACTIVITIES MANUAL



It has been often said that athletics challenge the body, mind, and spirit. They bring out the best in people, because athletic competition engenders characteristics, dedication, determination, awareness, self-confidence, cooperation, and sensitivity to self and others. In **Region II**, we believe the very same principles apply to academics. Learning requires the same degree of energy and commitment as competitive sports, and yields comparable benefits for the individual. Because of this, we think athletics and learning go hand in hand to help the individual man or woman discover and realize their true potential in life.

--Anonymous

The high schools of **Region II** recognize the important role that co-curricular activities and athletics play in the full development of a young person. As in all areas of our schools, **Region II** high schools are committed to the equitable opportunities for all young men and young women in activities and athletic programs. Activities and athletic programs are designed to be a complement to the academic programs and pursuits of young people. We hope that the self-discipline, commitment, teamwork and training of the mind and body in the arenas of the playing field and stage will effect similar skill development and success in the classroom.

We believe that when structured and pursued with proper balance and perspective, athletics and activities can play a key and positive role in shaping the hearts and minds of our young people. Sports and activities, as much as any other single area of endeavor, hold great potential for bringing people together from diverse backgrounds to pursue shared ideals in a spirit of community.

NOTIFICATION OF THE PRESS:

In all sports events and activities, the home school is responsible to call the Salt Lake Tribune and the Deseret News to report the scores, unless decided differently in each individual sport.

Channel 2	-	973-3232
Channel 4	-	975-4427
Channel 5	-	575-5535
Tribune	-	257-8900
Deseret News	-	237-2161
Channel 13	-	532-1313

TABLE OF CONTENTS

ACTIVITIES-CHAIRPERSONS AND INDIVIDUAL SCHOOL RESPONSIBILITIES	5
ACTIVITY GUIDELINES & SCHEDULES	25
BASEBALL	25
BASKETBALL, BOYS.....	28
BASKETBALL, GIRLS.....	30
CHEERLEADING.....	32
CROSS COUNTRY.....	33
DRAMA.....	35
DRILL TEAM.....	36
FOOTBALL.....	37
FORENSICS/DEBATE.....	39
GOLF, BOYS.....	41
GOLF, GIRLS.....	43
MUSIC - INSTRUMENTAL & VOCAL	45
SOCCER, BOYS.....	47
SOCCER, GIRLS.....	48
SOFTBALL.....	49
SWIMMING/DIVING.....	51
TENNIS, BOYS.....	53
TENNIS, GIRLS.....	56
TRACK AND FIELD.....	59
VOLLEYBALL.....	61
WRESTLING.....	63
BOARD OF MANAGERS	4
CONTEST LIMITATIONS	23
GENERAL POLICIES	13
1. ADMISSION FEES AND TICKET.....	13
2. SUPERVISION OF REGION II ACTIVITIES, TOURNAMENTS AND MEETS	13
3. ACCOMMODATIONS FOR VISITING TEAMS.....	14
4. RULES FOR REGION II TOURNAMENTS	14
5. OFFICIALS.....	14
6. POLICIES RELATING TO STUDENT BEHAVIOR AT REGION II ACTIVITIES	14
7. UHSAA SPORTSMANSHIP POLICY.....	17
8. POLICIES RELATING TO COACH, STUDENT AND SPECTATOR BEHAVIOR IN REGION II ACTIVITIES.....	18
9. EVENTS SCHEDULES	18
10. MISCELLANEOUS	19
11. CHANGE OF TIME AND DATE.....	19
12. BREACH OF CONTRACT/FAILURE TO PARTICIPATE	19
13. GAME STARTING TIMES AND PARTICIPANT REGULATIONS.....	19
14. TIES OF STANDING.....	19
15. MORATORIUM.....	20
16. FINE FOR VIOLATIONS.....	20
17. SEEDING MEETINGS OR OTHER MEETINGS.....	20
18. ACADEMIC ELIGIBILITY.....	20
19. COACHES.....	21
20. NUMBER OF GAMES	21
21. DUTIES OF REGION CHAIRPERSONS.....	21
22. DUTIES OF REGION II ACTIVITY CHAIRPERSONS.....	21
23. UNDUE INFLUENCE RULE, VIOLATION.....	22
24. PENALTIES	22
NOTIFICATION OF THE PRESS	2
STAFF ROSTERS	6
COTTONWOOD HIGH SCHOOL ROSTER	6
CYPRUS HIGH SCHOOL ROSTER.....	7
GRANGER HIGH SCHOOL ROSTER.....	8
HUNTER HIGH SCHOOL ROSTER.....	9
MURRAY HIGH SCHOOL ROSTER.....	10
SKYLINE HIGH SCHOOL ROSTER.....	11
WEST HIGH SCHOOL ROSTER	12
TROPHIES AND AWARDS	24

BOARD OF MANAGERS

Garett Muse gdmuse@graniteschools.org
Secretary (Jo Potter)..... jmpotter@graniteschools.org
Cottonwood High School - 5715 South 1300 East - Salt Lake City, Utah 84121 385-646-5264

John Welburn jhwelburn@graniteschools.org
Secretary (Georgia Vallejos)..... gmvallejos@graniteschools.org
Cyprus High School - 8623 West 3000 South - Salt Lake City, Utah 84044 385-646-5300

Arthur Cox acox@graniteschools.org
Secretary (Debbie Okleberry)..... daokleberry@graniteschools.org
Granger High School - 3690 South 3600 West - Salt Lake City, Utah 84119 385-646-5320

Maile Loo mlloo@graniteschools.org
Secretary (Pam Skogg) pskogg@graniteschools.org
Hunter High School – 4200 S 5600 West – West Valley City, Utah 84120 385-646-5360

Scott Bushnell sbushnell@murrayschools.org
Secretary (Margaret Lewis) mlewis@murrayschools.org
Murray High School - 5440 South State Street - Salt Lake City, Utah 84107 801-264-7460

Kathy Clark khclark@graniteschools.org
Secretary (Diane Bunker) ddbunker@graniteschools.org
Skyline High School – 3251 E 3760 South - Salt Lake City, Utah 84109 385-646-5420

Parley Jacobs parley.jacobs@slc.k12.ut.us
Secretary (Lucinda Cox)..... lucinda.cox@slc.k12.ut.us
West High School - 241 North 300 West - Salt Lake City, Utah 84103 801-578-8500

ACTIVITIES-CHAIRPERSONS AND INDIVIDUAL SCHOOL RESPONSIBILITIES

Baseball	<i>Bob Fratto, Baseball Coach, Cyprus John Welburn, Principal, Cyprus</i>
Basketball, Boys	<i>Bernie Granziano, Basketball Coach, Skyline Danny Stirland, Asst. Principal, Skyline</i>
Basketball, Girls	<i>Deb Bennett, Basketball Coach, Skyline Kathy Clark, Principal, Skyline</i>
Cheer	<i>Lena Schwen, Cheer Advisor, Cottonwood Mitch Nerdin, Asst. Principal, Cottonwood</i>
Cross Country, Boys & Girls.....	<i>Tara Wion, Cross Country Coach, Cottonwood Dave Gaddi, Asst. Principal, Cottonwood</i>
Drama	<i>Barbara Fields, Drama Coach, Hunter Doug Wagstaff, Asst. Principal, Hunter</i>
Drill Teams	<i>Adeena Lago, Drill Team Advisor, Granger Art Cox, Principal, Granger</i>
Football.....	<i>Dustin Pearce, Football Coach, Hunter Maile Loo, Principal, Hunter</i>
Forensics/Debate	<i>Judie Roberts, Debate Coach, Skyline Chris Rydalch, Asst. Principal, Skyline</i>
Golf, Boys & Girls.....	<i>Derek Schmehl, Golf Coach, West Ken DeVries, Asst. Principal, West</i>
Music, Instrumental	<i>Rob Wilson, Instrument/Band Director, Murray Debbie Sorensen, Asst. Principal, Murray</i>
Music, Vocal.....	<i>Erin Pike, Vocal Director, Cottonwood Garett Muse, Principal, Cottonwood</i>
Soccer, Boys & Girls	<i>Hyrum Okeson, Boys & Girls soccer Coach, Granger Geoffrey Murdock, Asst. Principal, Granger</i>
Softball	<i>Lisa Parker, Softball Coach, Murray Scott Bushnell, Principal, Murray</i>
Swimming, Boys & Girls	<i>Jared Huff, Swim Coach, Murray Dolph Church, Asst. Principal, Murray</i>
Tennis, Boys & Girls	<i>Lani Wilcox, Boys & Girls Tennis Coach, West Margery Parker, Principal, West</i>
Track & Field, Boys & Girls	<i>Randy Isham, Track & Field Coach, Cyprus Steve Perschon, Asst. Principal, Cyprus</i>
Volleyball	<i>Mindy Wilder, Volleyball Coach, West Rick Jaramillo, Asst. Principal, West</i>
Wrestling	<i>Craig Stauffer, Wrestling Coach, Hunter Devon Hartley, Asst. Principal, Hunter</i>

Cottonwood High School
 5715 South 1300 East
 Salt Lake City, Utah 84121-1099
 385-646-5264, Fax 385-646-5266

ACTIVITY	ADVISOR	E-MAIL
Principal	Garett Muse	gdmuse@graniteschools.org
Admin. Secretary	Jo Potter	jmpotter@graniteschools.org
Asst. Principal	Dave Gatti	dgatti@graniteschools.org
Asst. Principal	Dan Snarr	drsnarr@graniteschools.org
Athletic Director	Matt Baumann	mbaumann@graniteschools.org
Athletic Trainer		
Baseball	Jon Hoover	jhoover@graniteschools.org
Basketball, Boys	Dave McConnell	dmccConnell@graniteschools.org
Basketball, Girls	Janae Hirschi	jhirschi@graniteschools.org
Cheerleading	Lena Schwen	lschwen@graniteschools.org
Cross Country	Tara Wion	tarawion@gmail.com
Drama	Adam Wilkins	awilkins@graniteschools.org
Drill Team	Brandi Taylor	
Football	Cecil Thomas	cthomas2@graniteschools.org
Forensics/Debate	Corey Tuckness	rtuckness@graniteschools.org
Golf	Scott Fowler	sfowler@graniteschools.org
Music, Instrumental	Amber Tuckness	atuckness@graniteschools.org
Music, Vocal	Erin Pike	epike@graniteschools.org
Soccer	Brad Pino	bpino@graniteschools.org
Softball	Cale Shepherd	
Swimming	Brian Sorensen	
Tennis, boys	Suzanne Oliver	<u>soliver1@graniteschools.org</u>
Tennis, girls	Sarah Hunt	shunt2@graniteschools.org
Track	Josh Lyman	jlyman@graniteschools.org
Volleyball	Robert Barrett	bob@barrett.org
Wrestling	Jeff Jackson	jjackson@graniteschools.org

Cyprus High School
 8623 West 3000 South
 Magna, UT 84044
 385-646-5300, Fax 385-646-5303

ACTIVITY	ADVISOR	E-MAIL
Principal	John Welburn	jhwelburn@graniteschools.org
Admin. Secretary	Georgia Vallejos	gmvallejos@graniteschools.org
Asst. Principal	Dottie Alo	dhalo@graniteschools.org
Asst. Principal	Steve Perschon	sperschon@graniteschools.org
Athletic Director	Bob Fratto	bfratto@graniteschools.org
Athletic Director	Erin Tanner	etanner@graniteschools.org
Athletic Trainer	Matt Miller	mmiller@graniteschools.org
Baseball	Bob Fratto	bfratto@graniteschools.org
Basketball, Boys	Robb Collins	rcollins@graniteschools.org
Basketball, Girls	Josh Adams	Jmadams1@graniteschools.org
Cheerleading	Becky Kartchner	bkartchner@graniteschools.org
Cross Country	Ruth Adolphson	radolphson@graniteschools.org
Drama	Becky Williams	rlwilliams@graniteschools.org
Drill Team	Jody Jensen	jjensen@graniteschools.org
Football	Brian Jacketta	bjacketta@graniteschools.org
Forensics/Debate	Josh Adams	jmadams1@graniteschools.org
Golf, Boys	Laron Unck	lunck@graniteschools.org
Golf, Girls	Luanne Coon	lcoon@graniteschools.org
Music, Instrumental	Jared Andersen	jandersen@graniteschools.org
Music, vocal	Kerry Moore	kmoore@graniteschools.org
Soccer	Todd Howell	todd_howell@comcast.net
Softball	Paul Lovato	lovapa@aol.com
Swimming	Erin Jensen	ejensen@graniteschools.org
Tennis	Jacob Jones	jajones@graniteschools.org
Track	Randy Isham	risham@graniteschools.org
Volleyball	Kristina Anderson	kanderson2@graniteschools.org
Wrestling	Eddie Berrest	eberrest@graniteschools.org

Granger High School
 3690 South 3600 West
 West Valley City, UT 84119
 385-646-5320, Fax 385-646-5322

ACTIVITY	ADVISOR	E-MAIL
Principal	Art Cox	acox@graniteschools.org
Admin. Secretary	Debbie Okleberry	dokelberry@graniteschools.org
Asst. Principal	Mitch Nerdin	mnerdin@graniteschools.org
Asst. Principal	Geoffrey Murdock	grmurdock@graniteschools.org
Athletic Director	Garrett Clark	gclark@graniteschools.org
Athletic Director	JoyLynn Clark	jclark1@graniteschools.org
Athletic Trainer	Shelley Whitehead	Auntie_shells@msn.com
Baseball	Garrett Clark	gclark@graniteschools.org
Basketball (Boys)	Kurt Schneider	kschneider@graniteschools.org
Basketball (Girls)	Aaron Cousins	acousins@graniteschools.org
Cheerleading		
Cross Country	Kelle Pace	kpace@graniteschools.org
Drama	Brian Fuller	bfuller@graniteschools.org
Drill Team	Adeena Lago	alago@graniteschools.org
Football	Doyle Holt	dholt@graniteschools.org
Forensics/Debate	Clete Johansson	cjohansson@graniteschools.org
Golf (Boys)	Mario Plateso	
Golf (Girls)	JoyLynn Clark	Jclark1@graniteschools.org
Music, Instrumental	Christopher Moore	Cmoore1@graniteschools.org
Music, Vocal	Kara Spjute	kspjute@graniteschools.org
Soccer	Hyrum Okeson	hokeson@graniteschools.org
Softball	Mark Parker	mparker@graniteschools.org
Swimming	Teresa Turner	tturner@graniteschools.org
Tennis (Boys)	Richard Bullock	rbullock@graniteschools.org
Track (Boys)		
Track (Girls)	Kelle Pace	kpace@graniteschools.org
Volleyball	Kylee Gardner	gardner.kylee@yahoo.com
Wrestling		

Hunter High School
 4200 South 5600 West
 West Valley, UT 84120
 385-646-5360, Fax 385-646-5362

ACTIVITY	ADVISOR	E-MAIL
Principal	Maile Loo	mlloo@graniteschools.org
Asst. Principal	Devon Hartley	djhartley@graniteschools.org
Asst. Principal	Ike Spencer	iaspencer@graniteschools.org
Asst. Principal	Doug Wagstaff	dwagstaff@graniteschools.org
Athletic Director	Heather Sonne	hsonne@graniteschools.org
Athletic Director	Craig Stauffer	cstauffer@graniteschools.org
Athletic Trainer	Roger Ketchum	rketchum@graniteschools.org
Baseball	Ryan Shaw	rsahw1@graniteschools.org
Basketball (Boys)	Dave Filimoehala	dfilimoehala@graniteschools.org
Basketball (Girls)	Jack Ballard	jballard@graniteschools.org
Cheerleading	Danie Natter	dnatter@graniteschools.org
Cross Country	Ed Murrell	ejmurrell@graniteschools.org
Drama	Barbara Fields	bfields@graniteschools.org
Drill Team	Terah Bushnell	tbushnell@graniteschools.org
Football	Dustin Pearce	dpearce@graniteschools.org
Forensics/Debate	Harry Davis	hdavis@graniteschools.org
Golf (Boys)	Kevin Christensen	kchristensen2@graniteschools.org
Golf (Girls)	Heather Sonne	hsonne@graniteschools.org
Music, Instrumental	Josh Miller	jmiller@graniteschools.org
Music, Vocal	Mark Pearce	mpearce@graniteschools.org
Soccer (Boys)	David Sanders	iamasc@comcast.net
Soccer (Girls)	Ashley Ellis	aellis@graniteschools.org
Softball	Brandi Pickett	bpickett@graniteschools.org
Swimming	Shawn Marsing	shawn.marsing@wvc-ut.gov
Tennis (Boys)	Terry Cummings	tcummings@graniteschools.org
Tennis (Girls)	Bridgett Bolland	bbolland@graniteschools.org
Track (Boys)	Ed Murrell	ejmurrell@graniteschools.org
Track (Girls)	Emme Liddell	eliffell@graniteschools.org
Volleyball	Pam Olson	polson@graniteschools.org
Wrestling	Craig Stauffer	cstauffer@graniteschools.org

Murray High School
 5440 So. State Street
 Murray, Utah 84107
 801-264-7460, Fax 801-264-7461

ACTIVITY	ADVISOR	E-MAIL
Principal	Scott Bushnell	sbushnell@murrayschools.org
Admin. Secretary	Margaret Lewis	mlewis@murrayschools.org
Asst. Principal	Dolph Church	dchurch@murrayschools.org
Asst. Principal	Debbie Sorensen	dsorensen@murrayschools.org
Athletic Director	Wade Meier	wmeier@murrayschools.org
Athletic Director	Lisa Parker	lparker@murrayschools.org
Baseball	Jake Shewmake	jshevwake@murrayschools.org
Basketball (Boys)	Jason Workman	jason@pantaloncorp.com
Basketball (Girls)	Issachar Beh	ibeh@murrayschools.org
Cheerleading	Jenny Rivera	jenny@videoflashback.com
Cross Country	Ashley McSwain	amcswain@murrayschools.org
Drama	Wil Saxton	wsaxton@murrayschools.org
Drill Team	Mary Ann Chapman	
Football	Dan Aragon	daragon@murrayschools.org
Forensics/Debate	Britany Wheeler	bwheeler@murrayschools.org
Golf	Andy Hokanson	ahokanson@murrayschools.org
Music, Instrumental	Rob Wilson	rwilson@murrayschools.org
Music, Vocal	Alan Scott	ascott@murrayschools.org
Soccer (Boys)	Bryan DeMann	
Soccer (Girls)	Jeni Viernes	jeni.viernes@gmail.com
Softball	Lisa Parker	<u>lparker@murrayschools.org</u>
Swimming	Jared Huff	jhuff@murrayschools.org
Tennis	Crystal Spackman	cspackman@murrayschools.org
Track	Ashley McSwain	amcswain@murrayschools.org
Volleyball	Wendy Pehrson	wpehrson@murrayschools.org
Wrestling	Todd Thompson	tthompson@murrayschools.org

Skyline High School
 3251 East 3760 South
 Salt Lake City, UT 84109
 385-646-5420, Fax 385-646-5422

ACTIVITY	ADVISOR	E-MAIL
Principal	Kathy Clark	khclark@graniteschools.org
Asst. Principal	Danny Stirland	dstirland@graniteschools.org
Asst. Principal	Chris Rydalch	crydalch@graniteschools.org
Athletic Director	Steve Marlowe	smarlowe@graniteschools.org
Athletic Director	Deb Bennett	dbennett@graniteschools.org
Athletic Trainer	Matt Clark	mhclark@graniteschools.org
Baseball	Erik Hansen	ehansen@graniteschools.org
Basketball (Boys)	Bernie Graziano	bgraziano@graniteschools.org
Basketball (Girls)	Deb Bennett	dbennett@graniteschools.org
Cheerleading	Shaunda Trimmer	strimmer@graniteschools.org
Cross Country	Tom Porter	tporter@graniteschools.org
Drama	Nick Hutchinson	nthutch@gmail.com
Drill Team	Tiffany Turley	tturley@utah.gov
Football	Roger Dupaix	rdupaix@graniteschools.org
Forensics/Debate	Judie Roberts	jjroberts@graniteschools.org
Golf (Boys)	Craig Barlow	cbarlow@graniteschools.org
Golf (Girls)	Brodie Reid	breid@graniteschools.org
Music, Instrumental	Adam Larson	alarson2@graniteschools.org
Music, Vocal	Jay Gunderson	jdunerson@graniteschools.org
Soccer (Boys)	Alan Jones	alanspam@comcast.net
Soccer (Girls)	Chris White	
Softball	Denice Long	dlong@graniteschools.org
Swimming (Boys)	Joe Pereira	jpereira@graniteschools.org
Swimming (Girls)	Joe Pereira	jpereira@graniteschools.org
Tennis (Boys)	Matt Clark	mhclark@graniteschools.org
Tennis (Girls)	Shonnie Hays	Shanana3573@hotmail.com
Track (Boys)	Allen Hymas	ahymas@graniteschools.org
Track (Girls)	Becky Hogan	rhogan@graniteschools.org
Volleyball	Jami Hutchins	Jhutchins@graniteschools.org
Wrestling	Syd Lott	slott@graniteschools.org

West High School
 241 North 300 West
 Salt Lake City, Utah 84103
 801-578-8500, fax 801- 578-8516, Athletic Fax 801-578-8526

GENERAL POLICIES

ACTIVITY	ADVISOR	E-MAIL	EXT.
Acting Principal	Parley Jacobs	parley.jacobs@slc.k12.ut.us	210
Admin. Secretary	Lucinda Cox	lucinda.cox@slc.k12.ut.us	210
Asst. Principal	Ken DeVries	ken.devries@slc.k12.ut.us	360
Asst. Principal	Richard Jaramillo	rick.jaramillo@slc.k12.ut.us	363
Asst. Principal	Mary Williams	marymargaret.williams@slc.k12.ut.us	257
Asst. Principal	Pam Pedersen	<u>pam.pedersen@slc.k12.ut.us</u>	319
Athletic Director	Kristy Proesch	kristy.proesch@slc.k12.ut.us	158
Athletic Director	Vardell Reese	vardell.reese@slc.k12.ut.us	284
Athletic Trainer	Garth McFarland	garth.mcfarland@slc.k12.ut.us	177
Baseball	Bill Groves	william.groves@slc.k12.ut.us	288
Basketball, Boys			
Basketball, Girls	Ronnie Stubbs	ronnie.stubbs@slc.k12.ut.us	159
Cheerleading	Doug Dardon		
Cross Country	Dan Campbell	<u>daniel.campbell@slc.k12.ut.us</u>	368
Drama	Rett Neale	rett.neale@slc.k12.ut.us	416
Drill Team	Kristie Goddard	kristie.goddard@slc.k12.ut.us	400
Football	Justin Spencer	<u>justin.spencer@graniteschools.org</u>	
Forensics/Debate			
Golf	Derek Schmehl	derek.schmehl@slc.gov.com	
Music, Instrumental	Brian Blodgett	brian.blodgett@slc.k12.ut.us	109
Music, Vocal	Patricia Tate	trish.tate@slc.k12.ut.us	223
Soccer, Boys	Kris Hamlet	khamlet@utah.gov	
Soccer, Girls	Eldon Brough	eldonbrough@yahool.com	
Softball	Craig Graves	cgraves@upbslc.com	801-201-0740
Swimming	Nichelle Elton	nichelle.elton@slc.k12.ut.us	389
Tennis, Boys	Loni Wilcox		
Tennis, Girls			
Track	Ron Webb	ron.webb@slc.k12.ut.us	
Volleyball	Mindy Wilder	mindy.wilder@slc.k12.ut.us	163
Wrestling	Dan Potts	dan_karen_potts@msn.com	

GENERAL POLICIES

The following regulations pertain to more than one activity, and therefore are included at the beginning of the **Region II Activity Manual**. Specific regulations for each sport or activity will be found with the **Region II** schedule for that activity. All state wide regulations can be found in the UHSAA Handbook, or on the UHSAA website (www.uhsaa.org). It is the responsibility of all principals, coaches, moderators and participants to become thoroughly familiar with these regulations.

1. Admission Fees and Tickets

- A. \$4.00 visiting high school students with activity cards and other school age children.
- B. \$5.00 adults and high school students without activity card.
- C. \$20.00 family Pass (immediate family only) – limit six (2 adults, 4 children – ALL must be present to enter).
- D. Pre-season games are the same as A and B above.
- E. **Region II** home games are free to home students with activity card (pre-season games are up to each school).
- F. Free to holder of **Region II** and UHSAA (Utah High School Activities Association) passes only!
- G. Free to senior citizens (62 or over).
- H. Free to cheerleaders and drill team members in uniform.
- I. Free to student body officers. Sweaters must be worn.
- J. Free to children under five years of age, accompanied by a parent.
- K. Tickets will be sold at varsity football games at 6:00 p.m., and boys & girls varsity basketball games one hour before the 1st varsity game..
- L. Tickets will be sold throughout the 3rd quarter. No one will be admitted without a ticket or a pass.
- M. When admission is charged for **Region II** tournaments, the cost will be \$4.00 for students, \$5.00 for adults, and \$20.00 for a family pass (immediate family only) per day – limit six (2 adults, 4 children – ALL must be present to enter). Admission will be charged for region tournaments/meets for drill, track, swimming and wrestling.
- N. Sideline passes will be limited to 10 per school.
- O. No Press Passes

2. Supervision of Region Activities, Tournaments and Meets

- A. Any school hosting a **Region II** tournament or dual competition activity is responsible for providing adequate administrative supervision for the activity.
- B. The host school must have two school administrators at home varsity football and boy's varsity basketball games. Visiting team must have an administrator and one other school official. These people are to meet prior to the game and work out supervisory details. They are also to stay following the end of the event until the crowds have dispersed.
- C. It is the responsibility of the chairman of each individual activity to see that **Region II** tournaments and meets are planned and well organized. It is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairman, there should be a clear understanding between the activity chairman and the host principal regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school. Provide police and administrative supervision at the events and in the parking lots and possible trouble spots as identified by the local school plan.
- D. School administrators who are present at games agree to take immediate, definitive action towards disruptive or unsportsmanlike students or fans.
- E. No sitting or standing on the front rows in basketball.
- F. The host school will clearly define seating areas for both home and visiting students. These areas should accommodate bands as well as the general student body.
- G. If problems of a violent nature occur at any region site as a result of a school's failure to follow these recommended procedures or to provide proper supervision, the **Region II** Board of Managers will take restrictive action against the offending school.
- H. Visiting administrators are to check-in with host school administrator.

3. Accommodations for Visiting Teams

Dressing rooms should be appropriately prepared for visiting teams with a clean area, lockers, showers, and chalkboards. Towels will not be furnished to visiting teams by the host school. Visiting teams must bring their own towels if they desire to use them. All dressing room facilities must be left clean and orderly. The visiting head coach or designee will check facilities prior to departure. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school's head coach or designee.

LOCKER ROOMS SHOULD BE SECURED AND LOCKED AT ALL TIMES.

4. Rules for Region II Tournaments

All **Region II** tournaments will follow the same rules as UHSAA state rules. All expenses must be pre-approved by the **Region II** Board of Managers for payment.

5. Officials

Host Schools should provide for someone to meet officials and show them to their dressing rooms both before and after any event (and during halftime). Any misconduct of officials, including failure to show or tardiness is to be reported to the Arbiter in charge of the involved activity. A detailed report including names and improper conduct shall be submitted in writing to the **Region II** Board of Managers, the UHSAA office, and the arbiter involved.

6. Policies Relating to Student Behavior at Region II Activities

A. Bands & Drums:

- (1) A pep band may be provided by the host school only. During basketball games, pep bands are to play during regulation time-outs, quarters and half-times only. An advisor must always be present if a band is to perform
- (2) Drums are to be used only to play with the band, as part of an organized cheer or half time activity. Drums and any other instruments are not to be used indiscriminately as noisemakers or for drum rolls or instrumental fanfare after each basket.

B. Students Body Officers:

Student Body Officers are expected to demonstrate good sportsmanship and to welcome visiting officers to their school. Students Officers should be easily identifiable (sweaters, shirts, etc.) and available to help make interscholastic activities safe and successful.

C. Cheerleaders:

- (1) Cheerleaders of the host school should initiate a meeting with the guest cheerleaders immediately before the game. The two groups should work cooperatively together during the game. At basketball games, cheerleaders will occupy the space behind the basket closest to their student body. Cheers or songs which are derogatory or insulting are not to be used. Cheers must be under the direction of official school cheerleaders and song leaders.
- (2) All stunts and pyramids must be in accordance with risk management policies.
- (3) No children are to be used in cheerleading activities. Separate half-time activities are to be approved by the principal.
- (4) Cheerleaders should encourage good sportsmanship at all times. Each student body is to exhibit good sportsmanship. The administration and advisors are, in the interest of proper

education, to stress positive sportsmanship and do all in their power to eliminate booing, catcalls, or unsportsmanlike behavior. No cheering is to be derogatory or obscene.

- (5) Cheerleaders and/or mascots are to refrain from conducting cheers or stunts during free throws.
- (6) Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. "Refer to the UHSAA Handbook for other activities"
- (7) No electronic cheering methods will be allowed.
- (8) A supervisor must be present when cheerleaders perform.
- (9) The cheerleading and team members must attend the Utah School Board's Risk Management Clinic in the spring.
- (10) No tumbling is allowed in front of another squad's stunts. Cheerleaders are not allowed to tumble past half court or on the opposing side of court/field.
- (11) Cheerleaders must split the key throughout the entire basketball game.
- (12) Cheerleaders must follow the National Federation Spirit Safety Rules in order to qualify for catastrophic insurance.
- (13) The throwing of any unapproved objects, including confetti, torn paper scraps, crepe paper, toilet tissue, candy, etc., is not allowed.
- (14) In the chart, only those items marked "YES" will be allowed as fan/spectator sport items at all region contests. It is recommended that schools follow these regulations during the regular season and in Region Tournaments. Sportsmanlike vocal cheering and support from each bench are always encouraged.

The items indicated on this chart are guidelines for spectators.

	Baseball	Basketball	Cross Country	Drill Team	Football	Golf	Soccer	Softball	Swimming	Tennis	Track & Field	Volleyball	Wrestling
Wall banners except for welcome or corporate sponsors	N	N	N	N	N	N	N	N	N	N	N	N	N
Confetti/shredded paper	N	N	N	N	N	N	N	N	N	N	N	N	N
Hand-held signs of any size	N	N	N	N	N	N	N	N	N	N	N	N	N
Laser light/pointer	N	N	N	N	N	N	N	N	N	N	N	N	N
Miniature sports balls thrown into crowd	N	N	N	N	Y	N	N	N	N	N	N	N	N
Megaphones	Y	N	Y	N	Y	Y	Y	Y	N	Y	Y	N	N
Artificial noise makers (horns, cowbells, bells, buzzers, clickers)	N	N	N	N	N	N	N	N	N	N	N	N	N

	Base- ball	Basket- ball	Cross Country	Drill Team	Foot- ball	Golf	Soccer	Soft- ball	Swim- ming	Tennis	Track & Field	Volley- ball	Wrest- ling
Whistles	N	N	N	N	N	N	N	N	N	N	N	N	N
Shirts on fans	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Pom-poms, shakers, spirit towels	Y	N	Y	N	Y	Y	Y	Y	N	Y	Y	N	N
Recorded music over PA w/approval only	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
School bands	N	Y	N	N	Y	N	Y	N	N	N	N	N	N
Air horns/sirens	N	N	N	N	N	N	N	N	N	N	N	N	N

D. Pre-game, Half-time, and Post-game Activities:

- (1) The starting line-up may be introduced prior to the activity. A well-planned flag ceremony may be presented.
- (2) All activity should come to a halt immediately when the flag ceremony begins. Head gear should be removed. Activity should remain suspended until flag ceremony is over. Starting line-ups may be introduced following the flag ceremony. All pre-game activities must be concluded before the official time of the event.
- (3) The announcer should call everyone to attention as the flag enters. The announcer should be objective and impartial announcing a game.
- (4) Football half-time: Half-time entertainment has ten minutes which includes time to get on and off the field. Exceptions can be made by mutual agreement for special occasions.
- (5) Any special pre or post game activities by the home school must be communicated to the visiting school's administration prior to the game.
- (6) Basketball half-time: Maximum of seven minutes for half-time entertainment which includes time to get on and off the floor. Exceptions can be made for special occasions.
- (7) The host school drill team or cheerleaders may use pom-poms if the floor is swept after each use, or at the earliest convenient time.
- (8) A supervisor must be present when student groups perform.
- (9) Coaches are responsible for the conduct of their athletes. No activity will be conducted to belittle or humiliate opponents, including organized post-game demonstrations on the floor, field or in the stands. Teams will leave the field or floor immediately after the game ends. Infractions will be referred to the **Region II** Board of Managers.
- (10) No outside vendors selling at Region contests.
- (11) Any senior recognition at end of season cannot delay start of game.
- (12) There should be no post game demonstrations by either team on the floor/field at the end of the game until the visiting team has left the floor/field. Any and all activities must have the approval of the school administration.

E. Spectator Conduct/Sportsmanship:

- (1) Encourage student groups to initiate sportsmanlike activities during the season.
- (2) Other than authorized spirit groups (cheerleaders, drill team), no spectators will be allowed on the field or floor during game time, between quarters, half-time or post game. (Until visiting team exits the floor/field).

- (3) No spectator is permitted to have noisemakers such as bells, sirens, horns, drums, and megaphones. Refer to the UHSAA Handbook (under Information – Spectator Support Items).
- (4) The throwing of any objects, including confetti, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
- (5) Visiting schools are not to conduct any type of post-game activities.
- (6) The use of negative or insulting chants is not to be used.
- (7) For reasons of student safety and I.D. purposes, student will not be allowed to have full face paint. The school administration is responsible to enforce this rule.
- (8) Shirts must be worn at all times. Any prop or attire that promote unsportsmanlike behavior is prohibited.
- (9) All laser pens are prohibited.
- (10) “**Region II** Spectator Support Items” – Refer to the UHSAA Handbook (under Information – Spectator Support Items).

F. Banners and Signs:

No negative banners or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.

A sign of positive nature on the football field at half-time for the home teams to run though will be allowed.

All banners will be used by the Cheerleaders only.

No spectator banners or signs.

Each school may have one School Banner at the **Region II** Championship Meet. The maximum size for this banner being **5’X8’**. No other signs or banners will be allowed at Region site.

7. UHSAA Sportsmanship Policy

A. Sportsmanship Conduct:

- (1) INTRODUCTION – The effective Utah secondary school should support both an academic program and an activities program. The programs should do more than merely coexist, they should be integrated and support each other in “different” arenas. The concept of “sportsmanship” should be taught, modeled, expected, and reinforced in the classroom and in all competitive activities.
- (2) PHILOSOPHY – Activities are an important aspect of the total education process in Utah schools. They provide an arena for participants to grow, to excel, to understand and to value the concepts of SPORTSMANSHIP and teamwork. They are an opportunity for coaches and school staff to teach and model SPORTSMANSHIP, to build school pride, and to increase student/community involvement; which ultimately translates into improved academic performance. Activities are also an opportunity for the community to demonstrate its support for the participants and the school, and to model the concepts of SPORTSMANSHIP for our youth as respected representatives of society. Sportsmanship is good citizenship in action!
- (3) **REGION II SPORTSMANSHIP CODE OF CONDUCT**
(This statement should be read prior to every **Region II** event where there is a public address system available)

Ladies and Gentlemen, **Region II** and the Granite, Salt Lake, and Murray School Districts are proud to sponsor this Game (event) today between _____ and _____ high schools. It is our mission to encourage the highest in athletic and sportsmanship standards. All players, coaches, students, and other spectators are expected to be courteous to their opponents, their fans, and their cheerleaders. **Region II** prohibits any spectator on the playing surface before, during, or after any contest. Violation of rule will result in sanctions against the offending student and/or the school. All are expected to be respectful

to officials' decisions, and to display appreciation for good performance regardless of the team. Enjoy the game (event) and represent your school with dignity.

B. General Sportsmanship Guidelines

SPORTSMANSHIP is a way of thinking and behaving. The following sportsmanship policy items are listed below for clarification:

- (1) Be courteous to all (participants, coaches, officials, staff, and fans).
- (2) Know the rules. Abide by and respect officials' decisions.
- (3) Win with character and lose with dignity.
- (4) Display appreciation for good performance regardless of the team.
- (5) Exercise self-control and reflect positively upon your self, the team, and the school.
- (6) Permit only positive sportsmanlike behavior to reflect on your school or its activities.
- (7) If flagrant violence occurs in any event in which a **Region II** school is participating, the Region Board of managers (principals) will review the incident upon request and on a case by case basis to determine possible consequences to participants(s) that are involved. These consequences may result in, but not be limited to, suspension from events(s), suspension for the entire season, and/or may include other consequences as determined by the Region Board of Managers.

C. Unsportsmanlike Ejections and Fighting Policy – Appeals Process

See the Utah High School Activities Association HANDBOOK p. 45.

8. Policies Relating to Coach, Student, and Spectator Behavior in Region II Activities

A. Sportsmanship

- (1) Administrators, teachers, coaches, and all participants should emphasize sportsmanship in any pre-season, region, or state competition.
- (2) Unsportsmanlike behavior policy:
Any coach, player or bench personnel ejected for unsportsmanlike behavior shall be suspended from the next regularly scheduled game at that level of play (varsity, JV, etc.) and any intervening levels of play. Examples:
- (3) If ejected from a JV game, player or coach can not participate in the following varsity game and the next JV game.
- (4) If ejected from a varsity game, player or coach can not participate in the following JV and the next varsity game. If the coach or participant is involved in a second incident/ejection, he/she will be suspended for the next two (2) regularly scheduled games. A third ejection would result in suspension for the remainder of that season. Ejection occurring on the final game of the season will carry over for all players or coaches to the first game of the succeeding season in that sport.
- (5) If a player or coach is ejected from a contest for fighting or other violent behavior, that player or coach shall be suspended for not fewer than two (2) regularly scheduled games or contests at that level of play. In addition, the incident shall be reported to the school, district, and UHSAA which may impose additional penalties consistent with the school's disciplinary policies.
- (6) Sportsmanlike vocal cheering and support from each bench are always encouraged.

9. Events Schedules

- A. All **Region II** regularly scheduled events constitute a contract between schools. The failure of a team to participate in a scheduled contest without prior mutual consent and Board of Managers approval at all levels, including varsity, junior varsity, and sophomore, may result in a fine and

forfeit assessed by the Board of Managers, plus the cost of any officials etc. to the affected schools.

- B. Any change of dates made after the printing of the **Region II** Manual must be approved by the Region Board of Managers at least one week before the activity was originally scheduled unless a change is forced by justified conflict.
- C. All invitational meets, matches, or tournaments must be approved by the UHSAA thirty days prior to the activity. Appropriate fines will be assessed against a host school and others who participate in unsanctioned events.

10. Miscellaneous

- A. Awards are to be given according to the published **Region II** format. No additional awards will be allowed unless pre-approved by the Board of Managers.
- B. All personnel on the sidelines at any games will be monitored and controlled by the school administration or police officers.

11. Change of Times and Date

Both principals are to agree to the change before a change can occur. If the Board of Managers agrees on a change of time and date of an activity, the host school must notify the arbiter of the change in time for him/her to notify the officials. All officials (Varsity, J.V., Sophomore, and Freshman) will be arbitrated by UHSAA. Call changes to UHSAA offices. All costs associated with changing the time and date will be incurred by the school requesting the change.

12. Breach of Contract/Failure to Participate

In case of breach of contract, the regional board of managers shall have authority to assess a fine against the offending coach and/or school. The fine shall be sent to the region chairperson, who shall remit that portion due to the offended school and deposit the balance in the regional treasury. In the event that the breach of contract occurs between schools of different regions, the regional boards of managers from the two regions shall resolve the case. The acceptance of a schedule of league games, pre-season or practice by the principals of the schools concerned shall be understood as constituting a contract. The above applies to revenue producing varsity competition only. If it's a sub varsity competition, any fines levied will be remitted to the region.

13. Game Starting Times and Participant Regulations

No sports activity may begin before 3:30 p.m., unless approved by the Board of Managers. However, varsity football may not start before 4:00 p.m. until Day Light Savings. Thereafter, games may start at 3:30 p.m. Students should not be excused from class to get ready for any sports activity prior to the close of school. Any exception must be approved by the Principal.

14. Ties of Standing

The tie-breaking procedure will be used for the following team sports: Baseball, Boys Basketball, Girls Basketball, Football, Boys Soccer, Girls Soccer, Softball, and Volleyball.

If the tie does not involve a berth in the State Tournament play-offs, but involves only seeding in the playoffs between two or more teams, the tie will be broken in the following manner:

- A. Head to head league competition among the tied teams will be the first criteria used to determine seeding for the State Tournament Playoffs.
- B. If the tie or seeding cannot be resolved using the above method, the seed will be determined by the tied teams' record against teams with the highest finish in the Region. This process will continue down through the Region II standings until the tie is broken and seeding is determined.
- C. If a tie still exists, a coin flip will determine placement/seeding.

If a tie occurs among teams involving a berth in the State Tournament play-offs, the tie will be broken by a play-off between the tied teams. The play-off will be played on a neutral site agreeable to all schools involved, on a day and time agreeable to all schools involved.

If the tie is among more than two schools involving a berth in the State Tournament play-offs, the following procedure will occur. An odd-man-out coin flip will determine which schools will draw the bye, the odd man having the bye. The other two teams will play; the loser being eliminated and the winner going on to play the team that drew the bye. The winner of that game earns the first vacant berth. The play-off games for football will be half the length of a regular game.

15. Moratorium

A fine and/or additional penalties may be determined by the Board of Managers, which is paid by the coach, may be assessed to the coach of any team that is in violation of the designated days for moratorium of practice and play. (Reference the UHSAA handbook.)

16. Fine for Violations

A fine may be assessed for a violation of region rules as determined by the **Region II** Board of Managers.

17. Seeding Meetings or Other Meetings

Any expenses that are expected to be paid by **Region II** should be pre-approved by the Board of Managers. Expenses for meetings or other activities may not exceed \$10.00 per person; one coach per school is allowed to attend without prior approval from the **Region II** Board of Managers. Expenditures above this limit must have prior approval by the Region Board of Managers.

18. ACADEMIC ELIGIBILITY: (By-Laws: Article I; Section 1 a-d; Section 7, Section 8; Interpretations/Guidelines: #4 - #7 inclusive)

To participate in any UHSAA **Region II** or state interscholastic competition, an individual must be a full-time student in the school at which he/she has established eligibility. No student shall be eligible to represent his/her school if he/she is failing more than one subject or has a GPA of less than 2.0. Where a student has failed to meet the minimum requirements set forth above, he/she shall also be ineligible for participation in UHSAA or **Region II** activities in the succeeding grading period. Incompletes are computed as F's for eligibility.

- A. No student who is ineligible for a grading period should represent the school in any pre-season or practice contests with Varsity, Junior Varsity, Sophomore or Freshman teams.
- B. Eligibility under this rule is determined when grades are posted. Grades are "posted" when the school registrar enters all grades electronically and are available to students, parents and teachers. In no case may the posting date be more than 5 school days following the last day of the grading period. Grade changes after that time cannot restore lost eligibility, except for a documented clerical error.
- C. An incomplete (I), no grade (NG), or no credit (NC) is considered a failure until the grade is made up.
- D. The final grading period is defined as the date report cards are posted by the school for the last grading period of the school year.
- E. A student enters high school when he/she enters the 9th grade regardless of whether the 9th grade is in the high school or a separate junior high school. This means that all 9th or 10th grade

students must not have failed more than one class the previous grading period and have a GPA 2.0 or higher.

- F. The word "represent" shall be as defined below. Any violator of the Scholastic Eligibility Bylaw shall not:
- (1) Be in uniform on competition night.
 - (2) Warm-up with the team.
 - (3) Sit on the bench with the team.
 - (4) Be listed on the program roster.
 - (5) Be introduced as a member of the team.

The above student/participant may, however continue to practice with his/her team upon approval of school administration.

- G. For purposes of academic eligibility a maximum of three (3) make up courses may be taken. Community school classes, electronic classes or summer school classes, etc. will not constitute the previous term, but may be used for makeup. Summer is not a term. The "previous term" refers to the terms of the regular school year. For academic eligibility purposes, a required course must be made up with a similar required course. Elective courses may be made up with other elective or required courses. TA letter grades with the exception of failing grades will not be calculated as a part of a students GPA in determining eligibility.

19. *Coaches*

- A. Coaching behavior on the bench is reflected in student behavior. It is the responsibility of the principal to direct the coaching staff to be examples of good sportsmanship at all times.
- B. Coaches will behave with good sportsmanship towards officials before, during or after any contest. Any complaints or protests in regard to officiating will be made with the approval of the principal of the school.

20. *Number of Games*

Teams which exceed the number of games allowed in any season may forfeit from their region schedule the number of games exceeding the limit. Forfeited game(s) may be subtracted from the region win/loss record of the offending school. For each extra game, one win may be subtracted from the record and one loss may be added. Other sanctions may be taken by the **Region II** Board of Managers.

21. *Duties of Region Chairpersons*

- A. Conduct all meetings pertinent to respective activity.
- B. Coordinate and manage all **Region II** competitions and tournaments of respective activity.
- C. Select and honor respective All-**Region II** teams where applicable.
- D. Be direct liaison to **Region II** Board of Managers.
- E. Be responsible for all awards, trophies, medals, etc., pertinent to respective activity.
- F. Responsible for region financial funds.
- G. Represent **Region II** at all UHSAA Executive meetings.

22. *Duties of Region II Activity Chairpersons*

- A. Activity Chair is in charge of all money:
 - (1) Pays bills through host school or assigned school
 - (2) Prepares financial statement
 - (3) Sends bill to Region Chair
- B. Be direct liaison to the Region Board of Managers.
- C. In charge of all seeding meetings.

- D. In charge of All Region and Academic All Region selection meetings.
- E. In charge of Region Tournament, and attends Region Tournament.

23. Undue Influence Rule/Violation

- A. The use of undue influence by any person, connected or not connected with a member school, to secure the transfer of a student to a member school for the purpose of participation in association athletic activities shall cause the student to be ineligible for a period of one (1) year and may result in penalties to the member school.
- B. Undue influence accusations will be heard by the Region Board of Managers. If necessary, appropriate disciplinary actions will be taken. Further violations by a school will result in severe disciplinary actions.
- C. If there is clear evidence that a coach has violated the Undue Influence Rule of the By-Laws section 9 of the UHSAA Manual, he/she may appear before the Region Board of Managers and may, under the direction of the UHSAA, receive any or all of the following for the first violation: a letter of reprimand, suspension and/or fine.
 - (1) If a coach is proven to have violated the Undue Influence Rule a second time, the coach may be suspended a minimum of three contests or one half of the remaining region schedule (whichever is the greater).
 - (2) A third violation may result in suspension for the remainder of the current season.

24. Penalties

Upon having knowledge of an infraction of a rule or policy **Region II** may initiate action, and may consider any of the following penalties:

- A. Forfeiture of contest(s).
- B. Reprimand by official letter to individual(s) and/or school in regard to the offense committed with a warning to correct situation(s).
- C. Probation of individual(s) and/or school by official letter advising parties of the probationary status and the conditions of the probation.
- D. Restriction which would restrict individual(s) and/ or school in region, group or state activities.
- E. Suspension would result in dropping the school from membership in Region activities for a specific time period.
- F. Fines to the coach, principal and/or school may be assessed.

Contest Limitations

- A. Any meet, game or competitive activity in which one (1) or more students participate counts toward the contest limitations listed for that activity.
- B. The following contest limitations apply from the starting date until post-season play for all levels of competition; i.e., varsity, JV, sophomore and freshmen. (Region tournaments are considered post-season.)

BASEBALL.....	twenty-two (22) (all games counted)
BASKETBALL (Boys' and Girls')...	twenty (20) games (plus an endowment game)
CROSS COUNTRY.....	ten (10) meets
DRILL TEAM.....	three (3) competitions (does not include region or state)
FORENSICS/DEBATE.....	ten meets per individual
FOOTBALL.....	nine (9) games (plus an endowment game)
GOLF.....	fourteen (14) meets
MUSIC.....	four (4) contests
SOCCER (Boys' and Girls').....	sixteen (16) games
SOFTBALL.....	twenty-two (22) games
SWIMMING (Boys' and Girls').....	fourteen (14) meets
TENNIS (Boys' and Girls').....	fourteen (14) matches. The number of matches counted for a tennis tournament shall be equal to the number of days scheduled for the tournament: e.g., a one (1) day tournament shall count as one (1) match, and a two (2) day tournament shall count as two (2) matches, etc.
TRACK (Boys' and Girls').....	twelve (12) meets
VOLLEYBALL.....	fourteen (14) matches and two (2) tournaments with the following guidelines for the tournaments: no more than nine (9) total matches in a tournament; no more than seven (7) matches in a given day; tournaments may not exceed three (3) days.
WRESTLING.....	twenty four (24) matches per wrestler; eight (8) team tournaments count as three (3) matches; tournaments with more than eight (8) teams count as four (4) matches; dual meets count as one (1) match; all take down tournaments count as three (3) matches.

Trophies and Awards

Baseball	One (1) Region Trophy
Basketball (Boys and Girls)	One (1) Region Trophy each
Cross Country (Boys and Girls)	One (1) Region Meet Trophy each Ten (10) Medals for places 1-10 Ten Medals for J.V. places 1-10
Drama	Six (6) 4x6 Plaques—Outstanding Performances in Region One-Act Plays Ten (6) Individual Acting Awards for “Straight Superior in Region One-Acts” 100 Individual medals for “Superior Performance” at Region II Drama Festival
Drill Team	One (1) Region Trophy Large Plaques—1 st , 2 nd and 3rd place in each category: dance, military, and kick Three (3) Drill Down medium plaques for 1st, 2nd, and 3rd places
Football	One (1) Region Trophy
Forensics/Debate	One (1) Region Trophy for Forensics and One (1) Region Trophy for Debate Medals for places 1-5 in 8 events: Team Debate – Policy Debate & Public Forum (2 team members each receive their own medal), Lincoln Douglas, Foreign Extemp, US Extemp, Impromptu, Student Congress, Original Oratory Six (6) blank medals should be provided for possible ties.
Golf (Boys & Girls)	One (1) Region Trophy 10 Medals for 10 low medalists
Music	Certificates for Superior (I) Ratings in Band, Orchestral, Large Choir, Madrigals, and Jazz Band Certificates for Superior Ratings at Solo and Ensemble Festival Outstanding Solo and Section Awards presented at Jazz Festival
Soccer (Boys and Girls)	One (1) Region Trophy each
Softball	One (1) Region Trophy
Swimming (Boys and Girls)	One (1) Region Trophy each Six (6) Medals for places 1st – 6 th Individual and 1 st -3 rd in relays
Tennis (Boys and Girls)	One (1) Region Trophy each 28 Medals for girls and 28 Medals for boys Medals: 1st – 4th place in 5 categories: 1st singles; 2nd singles; 3rd singles; 1st doubles; 2nd doubles
Track (Boys and Girls)	One (1) Region Meet Trophy each Medals for places 1st – 6th individual and 1st and 2nd relays Certificates for JV places 1st – 6th Individuals and 1st place relays
Volleyball	One (1) Region Trophy
Wrestling	One (1) Region Trophy 84 Varsity Medals, 1st – 6th place Certificates for JV

BASEBALL GUIDELINES & SCHEDULE

Region Chairman: **Bob Fratto - Cyprus High**

Starting Date: **March 1, 2010**

Inter-Region Playoffs: **May 11-12, 2010**

State Tournament: **May 17-21, 2010**

Academic All-State Accepted Between: **March 30- April 20, 2010**

Eligibility List Due: **March 12, 2010**

- 1) The first practice game may be held on or after March, 8, 2010.
- 2) All varsity and J.V. league games will begin at 4:00p.m. The days that there are J.V./Sophomore Doubleheaders will begin at 3:30 All other games at 4:00 p.m. Sophomore games are not required nor are they required to be made up.
- 3) Each Team will be allowed fifteen minutes for warm-up and infield practice.
- 4) All league games (Varsity and Junior Varsity) will be played on the date and time scheduled, depending upon weather and field conditions. Each postponed game must be made up in the order of the postponement. A postponed game will be made up on the first available date. J.V. games will be “bumped” from the calendar to allow the Varsity game, at either field or a neutral site as agreed mutually by the coaches. During the first round of region play, a postponed game will be made up by “flip-flopping” the schedule and playing at the visiting team’s field, if that is playable. The visiting team will reverse the schedule for the second round. During the second round, a postponed game will be made up on the first available date at the home field or another site if agreed upon mutually by the coaches. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 1:00 p.m. It is the responsibility of both coaches to communicate with each other in the process of rescheduling games for the next available date.
- 5) Any game(s) not made up on the next available date will result in a forfeit for one or both teams, depending on the offending team(s). Both coaches will be consulted to determine the offending team. No team will be made to play five (5) games in a week, unless they choose to do so. Four (4) games in a week will be required if necessary, as defined by UHSAA (Sunday to Sunday).
- 6) When a game is “called” because of darkness or weather, etc., in the first round, the game will be resumed as the preliminary scheduled game of the two teams in the second round. In the second round, the game that is “called” will be resumed on the next available date, excluding J.V. league games. The home field coach will be responsible for notifying all those involved: umpires, principals, and coaches.
- 7) The recommendation of UHSAA on number of innings pitched per week will be followed. (Currently 14 innings)
- 8) Teams will redraw every year for scheduling purposes.
- 9) Region Trophy to first place in regular region play. No medals.
- 10) Please refer to “General Policies” in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.
- 11) In the event of a tie (3 for 2 spots), the winner of the flip gets the last seed, the other two play off for the higher seed – a seven inning game.
- 12) In the event of a tie (3 for 2 spot), the winner of the flip sits out, the other two play a five inning game, the second game immediately after. The winner plays the team that sat out – a five inning game.

VARSITY BASEBALL SCHEDULE

ROUND 1

Friday, April 2

Cottonwood @ Granger
Hunter @ Skyline
Cyprus @ Murray
West Bye

Wednesday, April 7

Murray @ Hunter
Skyline @ Cottonwood
Granger @ West
Cyprus Bye

Friday, April 9

Hunter @ West
Cyprus @ Granger
Murray @ Skyline
Cottonwood Bye

Tuesday, April 13

Skyline @ Cyprus
Granger @ Hunter
West @ Cottonwood
Murray Bye

Thursday, April 15

Cyprus @ Cottonwood
Murray @ West
Skyline @ Granger
Hunter Bye

Monday, April 19

Granger @ Murray
West @ Cyprus
Cottonwood @ Hunter
Skyline Bye

Wednesday, April 21

West @ Skyline
Cottonwood @ Murray
Hunter @ Cyprus
Granger Bye

ROUND 2

Friday, April 23

Granger @ Cottonwood
Skyline @ Hunter
Murray @ Cyprus
West Bye

Monday, April 26

Hunter @ Murray
Cottonwood @ Skyline
West @ Granger
Cyprus Bye

Wednesday, April 28

West @ Hunter
Granger @ Cyprus
Skyline @ Murray
Cottonwood Bye

Thursday, April 29

Cyprus @ Skyline
Hunter @ Granger
Cottonwood @ West
Murray Bye

Monday, May 3

Cottonwood @ Cyprus
West @ Murray
Granger @ Skyline
Hunter Bye

Wednesday, May 5

Murray @ Granger
Cyprus @ West
Hunter @ Cottonwood
Skyline Bye

Thursday, May 6

Skyline @ West
Murray @ Cottonwood
Cyprus @ Hunter
Granger Bye

J.V. & Sophomore Baseball Schedule

ROUND 1

Tuesday, March 9

(JV/Soph)
Cottonwood @ Granger
Hunter @ Skyline
Cyprus @ Murray
West Bye

Thursday, March 11

(JV only)
Murray @ Hunter
Skyline @ Cottonwood
Granger @ West
Cyprus Bye

Tuesday, March 16

(JV/Soph)
Hunter @ West
Cyprus @ Granger
Murray @ Skyline
Cottonwood Bye

Tuesday, March 23

(JV/Soph)
Cyprus @ Cottonwood
Murray @ West
Skyline @ Granger
Hunter Bye

Thursday, March 25

(JV Only)
Granger @ Murray
West @ Cyprus
Cottonwood @ Hunter
Skyline Bye

Tuesday, March 30

(JV/Soph)
Skyline @ West
Murray @ Cottonwood
Cyprus @ Hunter
Granger Bye

Thursday, April 1

(JV Only)
Granger @ Cottonwood
Skyline @ Hunter
Murray @ Cyprus
West Bye

ROUND 2

Tuesday, April 6

(JV/Soph)
Hunter @ Murray
Cottonwood @ Skyline
West @ Granger
Cyprus Bye

Thursday, April 8

(JV Only)
West @ Hunter
Granger @ Cyprus
Skyline @ Murray
Cottonwood Bye

Monday, April 12

(JV Only)
Cyprus @ Skyline
Hunter @ Granger
Cottonwood @ West
Murray Bye

Wednesday, April 14

(JV Only)
Cottonwood @ Cyprus
West @ Murray
Granger @ Skyline
Hunter Bye

Tuesday, April 20

(JV/Soph)
Murray @ Granger
Cyprus @ West
Hunter @ Cottonwood
Skyline Bye

Friday, April 30

(JV/Soph)
Skyline @ Cyprus
Granger @ Hunter
West @ Cottonwood
Murray Bye

Friday, May 7

(JV Only)
West @ Skyline
Cottonwood @ Murray
Hunter @ Cyprus
Granger Bye

BOYS BASKETBALL GUIDELINES & SCHEDULE

Region Chairman: **Bernie Graziano, Skyline**

Starting Date: **Monday, November 9, 2009**

Moratorium: **November 26-29 & December 23-27, 2009, January 1, 2010**

State Tournament: **March 1-6, 2010**

Academic All-State Accepted Between: **December 29, 2009 and January 19, 2010**

Eligibility List Due: **December 4, 2009**

- 1) Games will be played on Tuesday and Friday at the following times:
 - Sophomore - 3:30 p.m.
 - Junior Varsity - 5:15 p.m.
 - Varsity - 7:00 p.m.
- 2) Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of schools involved.
- 3) Spalding is the designated ball for both Boys' and Girls' State Tournaments. Use of this ball is recommended for **Region II** games.
- 4) UHSAA Moratorium dates are November 26-29, 2009; December 23-27, 2009; and January 1, 2010. No games, meets matches or practices may be held during these designated times. A school is assessed \$200.00 fine if found in violation of the moratorium.
- 5) Pre-season game times and dates are site-based decisions. As a courtesy, copies of schedules and team rosters shall be emailed to each **Region II** Athletic Director by November 17, 2009.
- 6) In the event of a tie, the **Region II** tie breaker rule applies.
- 7) Teams may film their own games; however, no filming of opponents is allowed at any level.
- 8) General courtesies recommended for games and are as follows:
 - A. Each school shall provide the visiting team with a secure, clean locker room, a writing board, and an area for private discussion during halftime. Accessibility to a taping table is encouraged.
 - B. If pre-game activities are expected to run longer or they are different than normal, a schedule of the events (including the flag ceremony and introduction of players) shall be provided to coaches and referees.
 - C. **5 Minute Courtesy Rule:** At the conclusion of each game, there is to be 5 minutes put on the time clock between games to have the team playing in the previous game clear the bench, allow teams to exit, the floor to be swept, etc. During this 5 minutes there is to be **NO ONE** on the floor.
- 9) Each school is responsible for providing a dressing room and private discussion area for officials.
- 10) The start times and dates can be changed only by mutual consent of both teams involved and approval by the **Region II** Board of Managers. If a game time or date is changed, it is the responsibility of the home to notify the arbiter.
- 11) Selection of All-Region Teams takes place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection. All-Region academic certificates are awarded to senior athletes with a cumulative 3.75 GPA. Coaches shall provide names to the Region Chairperson at the All-Region selection meeting.
- 12) A Region II trophy will be awarded to the first-place team based on winning percentage. Teams tied for first with the same winning percentage will be named co-champions and will share the title and be seeded in the tournament based on the Region II tie breaker procedure. Each co-champion team will receive a first place trophy.
- 13) A representative of **Region II** basketball coaches will keep an up-to-date record of region standings.
- 14) Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

BOYS BASKETBALL SCHEDULE

Friday, January 8

Cottonwood Bye
Cyprus @ West
Skyline @ Granger
Hunter @ Murray

Tuesday, January 12

Cyprus Bye
Murray @ Cottonwood
Skyline @ Hunter
Granger @ West

Friday, January 15

Murray Bye
Granger @ Cottonwood
Cyprus @ Hunter
Skyline @ West

Tuesday, January 19

Granger Bye
Cyprus @ Cottonwood
Hunter @ West
Murray @ Skyline

Friday, January 22

Hunter Bye
Cottonwood @ Skyline
West @ Murray
Cyprus @ Granger

Tuesday, January 26

West Bye
Hunter @ Cottonwood
Murray @ Granger
Skyline @ Cyprus

Friday, January 29

Skyline Bye
Cottonwood @ West
Murray @ Cyprus
Hunter @ Granger

Tuesday, February 2

Cottonwood Bye
West @ Cyprus
Granger @ Skyline
Murray @ Hunter

Friday, February 5

Cyprus Bye
Cottonwood @ Murray
Hunter @ Skyline
West @ Granger

Tuesday, February 9

Murray Bye
Cottonwood @ Granger
Hunter @ Cyprus
West @ Skyline

Friday, February 12

Granger Bye
Cottonwood @ Cyprus
West @ Hunter
Skyline @ Murray

Tuesday, February 16

Hunter Bye
Skyline @ Cottonwood
Murray @ West
Granger @ Cypress

Friday, February 19

West Bye
Cottonwood @ Hunter
Granger @ Murray
Cyprus @ Skyline

Tuesday, February 23

Skyline Bye
West @ Cottonwood
Cyprus @ Murray
Granger @ Hunter

GIRLS BASKETBALL GUIDELINES & SCHEDULE

Region Chairman: **Deb Bennett**

Starting Date: **Monday, November 9, 2009**

Moratorium: **November 26-29 & December 23-27, 2009, January 1, 2010**

State Tournament: **February 23 – 27, 2010 UVSU/SLCC**

Academic All-State Accepted Between: **December 29 and January 19, 2010**

Eligibility List Due: **December 4, 2009**

- 1) Games will be played on Tuesday and Friday at the following times:
 - Sophomore - 7:00 p.m.
 - Junior Varsity - 3:30 p.m.
 - Varsity - 5:15 p.m.
- 2) Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of schools involved.
- 3) Spalding is the designated ball for both Boys' and Girls' State Tournaments. Use of this ball is recommended for Region 2 games.
- 4) UHSAA Moratorium dates are November 26-29, 2009; December 23-27, 2009; and January 1, 2010. No games, meets matches or practices may be held during these designated times. A school is assessed \$200.00 fine if found in violation of the moratorium.
- 5) Pre-season game times and dates are site-based decisions. As a courtesy, copies of schedules and team rosters shall be emailed to each Region 2 Athletic Director by November 17, 2009.
- 6) In the event of a tie, the Region 2 tie breaker rule applies.
- 7) Teams may film their own games; however, no filming of opponents is allowed at any level.
- 8) General courtesies recommended for games and are as follows:
 - A. Each school shall provide the visiting team with a secure, clean locker room, a writing board, and an area for private discussion during halftime. Accessibility to a taping table is encouraged.
 - B. If pre-game activities are expected to run longer or they are different than normal, a schedule of the events (including the flag ceremony and introduction of players) shall be provided to coaches and referees.
- 9) Each school is responsible for providing a dressing room and private discussion area for officials.
- 10) The start times and dates can be changed only by mutual consent of both teams involved and approval by the **Region II** Board of Managers. If a game time or date is changed, it is the responsibility of the home to notify the arbiter.
- 11) Selection of All-Region Teams takes place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection. All-Region academic certificates are awarded to senior athletes with a cumulative 3.75 GPA. Coaches shall provide names to the Region Chairperson at the All-Region selection meeting.
- 12) A Region II trophy will be awarded to the first-place team based on winning percentage. Teams tied for first with the same winning percentage will be named co-champions and will share the title and be seeded in the tournament based on the Region II tie breaker procedure. Each co-champion team will receive a first place trophy.
- 13) A representative of **Region II** basketball coaches will keep an up-to-date record of region standings.
- 14) Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

GIRLS BASKETBALL SCHEDULE

Wednesday, December 30

West Bye
Cottonwood @ Hunter
Murray @ Granger
Skyline @ Cyprus

Tuesday, January 5

Skyline Bye
West @ Cottonwood
Cyprus @ Murray
Hunter @ Granger

Friday, January 8

Cottonwood Bye
Cyprus @ West
Granger @ Skyline
Hunter @ Murray

Tuesday, January 12

Cyprus Bye
Murray @ Cottonwood
Hunter @ Skyline
West @ Granger

Friday, January 15

Murray Bye
Cottonwood @ Granger
Cyprus @ Hunter
West @ Skyline

Tuesday, January 19

Granger Bye
Cyprus @ Cottonwood
Hunter @ West
Skyline @ Murray

Friday, January 22

Hunter Bye
Skyline @ Cottonwood
West @ Murray
Granger @ Cyprus

Tuesday, January 26

West Bye
Hunter @ Cottonwood
Granger @ Murray
Cyprus @ Skyline

Friday, January 29

Skyline Bye
Cottonwood @ West
Murray @ Cyprus
Granger @ Hunter

Tuesday, February 2

Cottonwood Bye
West @ Cyprus
Skyline @ Granger
Murray @ Hunter

Friday, February 5

Cyprus Bye
Cottonwood @ Murray
Skyline @ Hunter
Granger @ West

Tuesday, February 9

Murray Bye
Granger @ Cottonwood
Hunter @ Cyprus
Skyline @ West

Friday, February 12

Granger Bye
Cottonwood @ Cyprus
West @ Hunter
Murray @ Skyline

Tuesday, February 16

Hunter Bye
Cottonwood @ Skyline
Murray @ West
Cyprus @ Granger

CHEERLEADING GUIDELINES

Region Chairman: **Lena Schwen, Cottonwood High School**

- 1) Cheerleaders of the host school should initiate a meeting with the guest cheerleaders immediately before the game. The two groups should work cooperatively together during the game. At basketball games, cheerleaders will occupy the space behind the basket closest to their team bench. Cheers or songs which are derogatory or insulting are not to be used. Cheers must be under the direction of official school cheerleaders and song leaders.
- 2) All stunts and pyramids must be in accordance with risk management policies.
- 3) No children are to be used in cheerleading or pep club activities. Separate half-time activities are to be approved by the principal.
- 4) Cheerleaders should encourage good sportsmanship at all times. Each student body is to exhibit good sportsmanship. The administration and advisors are, in the interest of proper education, to stress positive sportsmanship and do all in their power to eliminate booing, catcalls, or unsportsmanlike behavior. No cheering is to be derogatory or obscene.
- 5) Cheerleaders and/or mascots are to refrain from conducting cheers or stunts during free throws.
- 6) Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. "Refer to the UHSAA Handbook for other activities"
- 7) No electronic cheering methods will be allowed.
- 8) A supervisor must be present when cheerleaders perform.
- 9) The cheerleading and team members must attend the Utah School Board's Risk Management Clinic in the spring.
- 10) Cheer squads should not pass the center court line when performing tumbling exhibitions.
- 11) At basketball games, cheerleaders can come to center court and perform at quarter breaks and time outs. Tumbling is permitted full court during quarter breaks and time outs when the entire cheer team is on the floor performing.

Banners and Signs:

- 1) No negative banners or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
- 2) A sign of a positive nature on the football field at the beginning of the game and at half-time for the home teams to run through will be allowed.
- 3) All banners will be used by the Cheerleaders and mascots only.
- 4) No spectator banners or signs.
- 5) Each school may have one School Banner at the **Region II** Championship Meet. The maximum size for this banner is 5'X8'. No other signs or banners will be allowed at Region site.

CROSS COUNTRY GUIDELINES & SCHEDULE

Region Chairman: **Tara Wion, Cottonwood**
Region Meet: **October 14, 2009 Time TBA**
State Tournament: **October 21, 2009 Time TBA**
Academic All-State Accepted Between: **September 22, 2009**
Eligibility List Due: **August 28, 2009**

- 1) Cross country meets will begin at 3:30
- 2) The host school will designate a well marked course. Distances for quad meet courses will range from 3,000 to 6,000 meters.
- 3) Qualification for State finishers will qualify with UHSAA yearbook.
- 4) The winner of the region trophy will be determined by the team scores at the Region Meet.
- 5) Medals will be awarded to the top 10 Finishers in the Region Meet in both the boys and girls varsity division. Medals will be awarded to the first 10 finishers in the boys and girls Junior Varsity division. Additional medals may be awarded by the coaches.
- 6) Two paid Officials will be arranged to start, score, and referee the Region Meet.
- 7) Each school will provide 3 adult volunteers for the Region Meet.
- 8) At tri and quad-meets, girls will run first, then boys, unless agreed upon ahead of time by all coaches involved.
- 9) Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.
- 10) Region course will stay consistent with previous years' course unless approved by the region Board of Managers. The 2009 Region course will be 5000m. The course will be marked by Skyline and Hunter and hosted by Cottonwood.
- 11) Each school will furnish their own stickers or tags for the tri/quad meets. Include athlete name and school.
- 12) The uniform rule will be in effect for all meets, with the exceptions of the pre-season time trials meet.
- 13) The **Region II** cross country championship meet will be held at the Cottonwood Complex, 1300 E 4400 S on Oct 14, 2009. Time TBA.
- 14) Each individual may compete in a maximum of 10 meets plus Region and State.

CROSS COUNTRY SCHEDULE

Wednesday, August 26

Time Trials @ Cottonwood Complex

Wednesday, September 2

Cyprus, Murray, Hunter @ West
Cottonwood, Granger @ Skyline

Wednesday, September 16

Cyprus, Skyline @ Cottonwood
Granger, Murray, West @ Hunter

Wednesday, September 30

Granger, Hunter, Skyline @ Cyprus
Murray, West @ Cottonwood

Wednesday, October 14

REGION @ Cottonwood Complex--
register at www.runnercard.com

Wednesday, October 21

STATE @ Sugarhouse Park--
register at www.runnercard.com

HOME COURSES

Cottonwood: Wheeler Farm, 6351 S. 900 E.
Cyprus: Hunter Park, 3500 S. 6000 W.
Granger: City Park, 4450 W. 3500 S.
Hunter: Hunter Park, 3500 S. 6000 W.
Murray: Murray City Park, 5177 S. State
Skyline: Skyline Campus
West: Riverside Golf Course

DRAMA GUIDELINES & SCHEDULE

Region Chairman: **Barbara Fields, Hunter High School**
Region One Act Play Tournament: **March 9, 2010 Hunter High School**
Region I.E. Tournament: **March 18, 2010 Hunter High School**
State Drama Festival: **April 15-17, 2010**
Eligibility List Due: **February 3, 2010**

- 1) Date and location for the Region Festival plays and the individual events will be determined at the annual spring planning meeting held in the preceding year. Festival plays and individual events are held during the month of March and April. State Drama Festival is usually held at a pre-determined high school on the third weekend of April.
- 2) Forty-five individual events, judges at \$35.00 each for three rounds. Three competition play judges at \$125.00 each. Mileage is at UHSAA rate.
- 3) The two schools hosting competition will each be paid \$150.00 to cover the cost of lamps, gels, custodial services, materials and printing.
- 4) AWARDS:
Individual Events: 100 individual medals. Inscription: "Superior Performance **Region II** Drama Festival"
Plays: 6 - 4X6 plaques Inscription: "Outstanding Performance in Region One Acts" Awards to be decided by judges.
TBD - 4X 6 plaques : Inscription: "Straight Superior in Region One Acts" Plaques to cover all straight superior plays and ordered after region play festival is complete.
- 5) QUALIFYING FOR STATE: Each school may send up to four (4) entries per individual event as constituted for that classification. All four entries could qualify for the state festival by achieving the following guidelines:
 - A. Individual entries must receive a rating (superior, excellent, good or fair) and will not receive a ranking at the region level.
 - B. Rating System: Any entry must receive at least two (2) superior ratings out of three to qualify for state.
 - C. Any entry receiving a straight superior rating (SSS) at region will receive a medal.
 - D. All festival plays receiving straight superior ratings OR one half of the numbers of festival plays presented at region drama festivals which ever is greater will qualify to perform in the state drama festival. In the case where fewer than half of the region festival plays receive straight superior ratings, the region play judges will determine the remaining plays to fill our regions allotment.
- 6) TEACHERS MEETING: All Region drama coaches may be asked to meet prior to the Region Festivals to discuss any business deemed necessary before the Region Tournaments being.
- 7) DOUBLE ENTERING: A participant may compete in one Individual Event (Scenes from Plays, Pantomime, Monologues) and the Festival play and may therefore qualify for State in the Festival play and in an Individual Event.
- 8) Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

DRILL GUIDELINES & SCHEDULE

Region Chairman: **Adeena Lago, Granger HS, 801-646-5320**

Region Coaches Meeting: **Friday, October 30, 2009, 1:00pm @ Granger HS**

Region Competition: **Thursday, January 21, 2010 @Granger HS 6:00PM**

State Competition: **Friday, January 29, 2010 @ UVU**

Academic All-State Accepted Between: **December 15, 2009 – January 5th, 2010**

Eligibility List Due: **August 28, 2009**

- 1) Region Competition is the qualifying meet for the State Tournament.
- 2) All state and national spirit rules will apply.
- 3) The Region Host will hire a non-advisor to run the Region Meet. Each region will have a Certified Tabulator.
- 4) Please refer to “General Policies” in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

Region Competition Schedule:

2009 – 2010 @ Granger HS 6:00pm

Awards: One (1) Region Trophy
First Place Trophy in each category
Plaques for second and third place in each category
Three (3) drill down plaques for first through third place

FOOTBALL GUIDELINES & SCHEDULE

Region Chairman: **Dustin Pearce, Hunter**

Academic All-State Accepted Between: **September 22 – October 13, 2009**

Eligibility List Due: **August 28, 2009**

Start Date: **August 10, 2009**

- 1) All varsity region games will start at 7:00 p.m.
- 2) Each region school will play a full schedule of sophomore and junior varsity games. These games will be played the day before the varsity game. All games will start at 3:30 p.m. Sophomore games will be played at the same location as the varsity game, junior varsity games will be at the opposite location of the varsity game.
- 3) Home teams wear dark jerseys, visiting team wear light jerseys (all levels).
- 4) All schools are required to use adults on chain and down markers (varsity only).
- 5) Scouting is to be done from the spectator stands or a specific location set up (if available) by the home team.
- 6) The host school should extend courtesy to the visiting photographer as to its own photographer.
- 7) Only one person is permitted to film. No video filming of future opponents will be allowed at varsity, junior varsity, or sophomore games.
- 8) It is the responsibility of each school to keep their sidelines clear. Administrators and athletic directors will be in charge of issuing sideline passes and controlling the sidelines during the game.
- 9) Home team is responsible for emergency medical care.
- 10) Head coaches will meet the day following each of the regularly scheduled Varsity games at 7:00 a.m. to deliver the most recent two game DVD's. Exchange will be original copy DVD only. Film exchange will take place at Murray High in the north parking lot. DVD's are to be returned at the following game. Films to be exchanged in Region 2 will be filmed by a responsible person to ensure quality. The tape must include:
 - Pre-snap set wide angle
 - Zoom no tighter than defensive front (including all linebackers) and offensive front (including QB and tight ends, tight wings or slots).
 - Show a view of down box and chain before each down
 - Show a view of scoreboard by quarter and after each scoring play
 - Film of all playsFirst game exchange will be coordinated by the two coaches.
- 11) Varsity home school is to provide dressing facilities for the visiting school. Chalkboard/whiteboard will be available. Home school will clear visiting locker room one and one-half hour before games and provide a guide for the visiting team, i.e., meet bus, show locker room, etc. (Junior Varsity and Sophomore will dress at their own school, but when conditions get bad, may need locker room at half time).
- 12) Visiting team spotters/coaches must remain on the visiting team's side/section of the stadium, unless another location is provided by home team elsewhere.
- 13) Coaches will communicate with each other on at least the following two occasions:
 - A. Schedule and team rosters are to be mailed and postmarked to each coach or by the last day in August. Rosters shall contain players name, grade level, height, and position of each player.
 - B. The coaches will meet after the last **Region II** game for the purpose of selecting the **All-Region II** Team.
- 14) Region Trophy to first place in regular region play.
- 15) Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

FOOTBALL SCHEDULE

September 11
Murray @ Cottonwood
Skyline @ Granger
Hunter @ West
Open Cyprus

September 18
Cyprus @ Hunter
Granger @ Murray
West @ Skyline
Open Cottonwood

September 25
West @ Cyprus
Skyline @ Cottonwood
Hunter @ Granger
Open Murray

September 30*
Cyprus @ Skyline
Cottonwood @ West
Murray @ Hunter
Open Granger

October 9
Granger @ Cyprus
West @ Murray
Cottonwood @ Hunter
Open Skyline

October 16
Murray @ Cyprus
Cottonwood @ Granger
Hunter @ Skyline
Open West

October 22
Cyprus @ Cottonwood
Skyline @ Murray
Granger @ West
Open Hunter

FORENSICS/DEBATE GUIDELINES & SCHEDULE

Region Chairman: **Judie Roberts, Skyline High School**

Eligibility List Due: **February 5, 2010**

Region Meet: **February 19-20, 2010 @ Skyline High School**

Deadline for Forensic Entries: **Pairing Meeting**

State Meet: **March 12-13, 2010**

First Forensics Meet May Be Held: **Designated by UHSAA**

1) **Region Format**

A. Number of Contestants:

1. Policy Debate - Four Teams
2. Lincoln-Douglas - Four Contestants
3. Public Forum - Four Teams
4. Foreign Extemp. - Three Contestants
5. U.S. Extemp. - Three Contestants
6. Original Oratory - Three Contestants
7. Impromptu - Three Contestants
8. Congress - Four Contestants
9. Dramatic Interps. - Three Contestants
10. Humorous Interps. - Three Contestants
11. Duo Interps. - Three Teams

All events will count toward the region trophies. There will be two separate region trophies awarded at the Region Debate Tournament, one Forensics Trophy for Speech Events and one Debate Trophy for Debate Events. The breakdown is as follows:

Speech/Forensic Events: Oratory, Impromptu, National Extemp., Foreign Extemp., Humorous Interp., Dramatic Interp., Duo Interp.

Debate Events: Policy, Lincoln Douglas, Public Forum, Congress.

Double Entry of competitors is allowed, as long as they only participate in one event per day. Events held on Friday will be:

Oratory, Impromptu, Foreign Extemp., National Extemp., and Congress. Events held on Saturday will be Policy, Lincoln Douglas, Public Forum, Dramatic Interp., Humorous Interp., and Duo Interp.

2) **Judges Requirements**

- A. All schools that bring a full slate must bring 7 experienced judges per day, capable of judging the events being held that day. Schools with lesser numbers must bring one experienced judge for every three contestants.
- B. The qualified judges for Congress rounds will be confirmed by coaches at the Region Pairing meeting.

3) **Region Meet Parings**

All schools competing at region must attend the Pairings Meeting for Region. All schools must send a coach or a coach designee to pairings. They will not be allowed to participate in the region meet if not represented. The pairing meeting will occur within 7 days of the Region Meet.

4) **Debate Parings**

- A. Each school will have at least 5 rounds of debate.
- B. Individual teams must not meet region schools more than once.
- C. 3/4 rounds in policy, 4/5 in LD and Public Forum paired on the computer.

5) **Individual Event Pairings**

- A. Random selecting shall be done in each event on the computer.
- B. 3/4 rounds of competition will take place.
- C. Where possible schools should not compete against members of their own school's team.

6) **Congress Pairings**

Congress sessions will last up to 5 hours total. Every school can submit two pieces of legislation, listed in the numerical order in which they wish to present their bills. All legislation must be sent to the Region representative two weeks before the Region Meet, in order to be presented by region and distributed via email

to all schools 10 days before the Region Meet. The docket will be drawn at the pairing meeting in two configurations.

7) Medals

Each medal will say the event name and “Superior” and will be given to the top five finishers in each event. The following number of medals will be needed: Public Forum – 10 medals; LD – 5 medals; Policy – 10 medals; National Extemp. – 5 medals; Foreign Extemp. – 5 medals; Oratory – 5 medals; Impromptu – 5 medals; Duo Interp. – 10 medals; Dramatic Interp. – 5 medals; Humorous Interp. – 5 medals; Congress – 5 medals.

8) General Guidelines

- A. In forensics and debate competition, each individual is limited to ten meets per year, excluding region, state and national competitions.
- B. Region will pay for judges at the Region Meet; \$35 for each judge who judges for a full day (4 rounds).
- C. Topics for the Region Meet will be the same topics that will be used at State.
- D. Students registered at the pairing meeting will be the “Pool” from which sweepstakes will be determined.
- E. In the event a student misses a round, his/her points will still count toward sweepstakes.
- F. Please refer to “General Policies” in the **Region II** Handbook for all other **Region II** Rules, and the UHSAA Handbook for all UHSAA Rules.
- G. Sweepstakes points will be calculated as follows:
 - 1. The top ¼ of contestants will be given superior (5 points).
 - 2. The next ¼ of contestants will be given excellent (3 points).
 - 3. The next ¼ of contestants will be given good (1 point).
 - 4. The bottom ¼ of contestants will score no sweepstakes points.
 - 5. Ties will not be broken; each quartile will be chosen by marking the number which least skews all brackets. For 1st through 5th ties will be broken by points.
 - 6. The top 50% of schools in total sweepstakes points from State events will qualify their entire team for the state tournament.
- H. Laptops are permissible for flow and saved files only in all Debate events including Extemp. but not Congress. No internet access is permitted.

February 19th – 20th

REGION DEBATE @ Skyline High School

2/19 – Arrive @ 3p.m., begin @ 3:30p.m.

2/20 - Arrive @ 8a.m.; begin @ 8:30a.m.

March 12th & 13th

STATE DEBATE @ TBA

BOYS GOLF GUIDELINES & SCHEDULE

Region Chairman: **Derek Schmehl, West**

Academic All-State Accepted Between: **August 25 – September 8, 2009**

Eligibility List Due: **August 28, 2009**

Start Date: **August 3, 2009**

First Competition: **August 13, 2009**

State Team Information Due: **September 28, 2009**

State Golf Tournament: **October 5-6, 2009**

- 1) Please refer to “General Policies” in the **Region II Handbook** for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules. All “General Policies” will apply to the sport of golf.
- 2) There will be ten (10) 18-hole Region Tournaments and four (4) 9-hole JV Tournaments.
- 3) All schools will be responsible for their own green fees.
- 4) Points for the region tournaments will be according to the following scoring system:

The eighteen-hole Region Tournaments will be scored as follows:

<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>5th</u>	<u>6th</u>	<u>7th</u>
16	12	10	8	6	4	2

If there is a tie, points will be split among the teams.

- 5) At the conclusion of the Ten (10) Region events the team with the highest cumulative point total will be declared the Region Champion. If a tie occurs, each team will be awarded a Region Trophy.
- 6) In case of a tie for the State berth, a nine (9)-hole playoff will occur with each team entering six (6) players. The top four (4) scores will count. In the event of a tie, the next player’s score will be determined until the tie is broken. A neutral course will be designated as the playoff site.
- 7) Individual medals will be given to the (10) players with the lowest scores in the Region events.
- 8) Eight (8) team members will play at the region events. The coach will determine their top eight (8) players in advance. The four (4) lowest scores will count for team scoring. It is up to the discretion course professional if additional golfers are allowed to play. The additional players will play an individual JV format. Awards for JV are up to each coach.
- 9) The four (4) 9-hole JV tournaments will be an individual format.
- 10) Region Tournaments will start as late as possible (shot-gun starts will be requested)
- 11) No caddie may be used by golfers.
- 12) Electric/Gas carts are not to be used by the players. Exceptions (disability and etc.) will be determined by the agreement of the coaches.
- 13) Cell phones will not be permitted on the golf course and must be turned off during tournament play.
- 14) Spectators/Parents may attend but are not allowed to give advice to participants. Spectator golf carts are up to the discretion of the course professional. Spectators must stay at least fifty (50) feet from all participants.
- 15) All coaches are responsible to see that all their players are dressed in appropriate golfing attire and comply with the local course rules.
- 16) Players must attend school the day of the scheduled matches and tournaments to be eligible for play that day.
- 17) Play will be governed by the USGA rules and local course rules, stroke play, proper golf conduct, etiquette and the Region II sportsmanship code.

- 18) All play will be from the blue tees or the colored equivalent.
- 19) A region rules meeting will be scheduled every year for all coaches and players.
- 20) Team shirts are highly recommended.
- 21) Rained out meets will be rescheduled at the convenience of the golf course. In the event of tournament cancellation due to inclement weather, the following USGA rules apply:
 - A. When less than 50% of the field completes or could complete play on the scheduled day, cancel the round.
 - B. When more than 50% of the field completes or could complete play on the scheduled day, suspend play temporarily until the next suitable time for resumption.
- 22) The school hosting the match will be in charge of having scorecards, hole assignments, and all other administrative duties completed before the scheduled start time.

AWARDS

- 1 Region Trophy
- 10 Medals for 10 Low Medalists

HOME COURSES (Host Schools)

- Cottonwood – *Wingpointe G.C (?TBD)*
- Cyprus – *Overlake G.C (?TBD)*
- Granger – Stonebridge G.C
- Hunter – Westridge G.C
- Murray – Murray Parkway G.C
- Skyline – Mt. Dell G.C
- West – Rose Park G.C

GOLF SCHEDULE

Varsity Schedule

- August 13 – Soldier Hollow
- August 20 – Wingpointe
- August 27 – Westridge
- September 1 – Rose Park
- September 2 – Stonebridge
- September 9 – Mt. Dell
- September 14 – Overlake
- September 16 – Murray Pkwy
- September 21 – Wasatch
- September 28 – Bonneville

JV Schedule

- September 2 – Glendale
- September 10 – Nibley Park
- September 15 – Rose Park
- September 24 – Mt. View

GIRLS GOLF GUIDELINES & SCHEDULE

Region Chairman: **Derek Schmehl, West**

Academic All-State Accepted Between: **March 23, 2010 - April 13, 2010**

State Tournament: **May 13, 2009**

Eligibility List Due: **March 12, 2010**

Start Date: **March 1, 2010**

1) Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules. All "General Policies" will apply to the sport of golf.

2) There will be six (6) 9-hole Region Matches and two (2) 18-hole Region Tournaments.

3) All schools will be responsible for their own green fees.

4) Points for the region tournaments will be according to the following scoring system:

The nine-hole tournaments will be scored as follows:

<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>5th</u>	<u>6th</u>	<u>7th</u>
8	6	5	4	3	2	1

The eighteen-hole Region Tournaments will be scored as follows:

<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>5th</u>	<u>6th</u>	<u>7th</u>
16	12	10	8	6	4	2

If there is a tie, points will be split among the teams.

5) At the conclusion of the Eight (8) Region events the team with the highest cumulative point total will be declared the Region Champion. If a tie occurs, each team will be awarded a Region Trophy.

6) In case of a tie for the State berth, a nine (9)-hole playoff will occur with each team entering six (6) players. The top four (4) scores will count. In the event of a tie, the next player's score will be determined until the tie is broken. A neutral course will be designated as the playoff site.

7) Individual medals will be given to the (10) players with the lowest scores in the Region events.

8) All team members may play at the region events. It is up to the discretion of the coach and the course professional as to how many golfer may play. The coach will determine their top six (6) players in advance. The four (4) lowest scores will count for team scoring. The additional players will play an individual JV format. Awards for JV are up to each coach.

9) Region Tournaments will start as late as possible (shot-gun starts will be requested)

10) No caddie may be used by golfers.

11) Electric/Gas carts are not to be used by the players. Exceptions (disability and etc.) will be determined by the agreement of the coaches.

12) Cell phones will not be permitted on the golf course and must be turned off during tournament play.

13) Spectators/Parents may attend but are not allowed to give advice to participants. Spectator golf carts are up to the discretion of the course professional. Spectators must stay at least fifty (50) feet from all participants.

14) All coaches are responsible to see that all their players are dressed in appropriate golfing attire and comply with the local course rules.

15) Players must attend school the day of the scheduled matches and tournaments to be eligible for play that day.

- 16) Play will be governed by the USGA rules and local course rules, stroke play, proper golf conduct, etiquette and the Region II sportsmanship code. *The UHSAA may allow for special stroke and distance rules which become part of the local rules for that event.*
- 17) All play will be from the forward tees.
- 18) A region rules meeting will be scheduled every year for all coaches and players.
- 19) Team shirts highly recommended.
- 20) Rained out meets will be rescheduled at the convenience of the golf course. In the event of tournament cancellation due to inclement weather, the following USGA rules apply:
 - A. When less than 50% of the field completes or could complete play on the scheduled day, cancel the round.
 - B. When more than 50% of the field completes or could complete play on the scheduled day, suspend play temporarily until the next suitable time for resumption.
- 21) The school hosting the match will be in charge of having scorecards, hole assignments, and all other administrative duties completed before the scheduled start time.

AWARDS

- 1 Region Trophy
- 10 Medals for 10 Low Medalists

GOLF SCHEDULE

TBD--- *the Region 2 golf chairperson will schedule a meeting with coaches in January of each year to discuss possible region event sites and dates. A completed schedule must be finalized by February 15th of each year.*

MUSIC, INSTRUMENTAL & VOCAL GUIDELINES & SCHEDULE

Region Chairman: **Erin Pike- Cottonwood High School (Vocal)**
Rob Wilson- Murray High School (Instrumental)
Eligibility List Due: **February 28, 2010**

INSTRUMENTAL

- 1) Adjudicators will be contracted for festivals as follows:
 - A. Solo and Ensemble – a maximum of 10 Adjudicators
 - B. Concert Band – 3 adjudicators, plus 1 clinician (optional)
 - C. Jazz Bands – 3 adjudicators, plus 1 clinician (optional)
 - D. Orchestras – 3 adjudicators, plus 1 clinician (optional)

Sight reading is recommended, but the final decision will be given at the discretion of the festival host. The clinic sessions shall not be adjudicated and ratings will not be given. Adjudicators will be paid as per the UHSAA standard adjudicatory pay scale.

- 2) All large ensemble members are required to be audience participants for a minimum of two performances before or after their own performance. Music educators will enforce this guideline through their own grading policies. Schools who fail to adhere to this policy are subject to appropriate penalties/fines.
- 3) Each school may submit unlimited entries to the Solo and Ensemble Festival. However, entries beyond twenty (20) should be prioritized to allow each school adequate representation.
- 4) Certificates supplied by the Region will be awarded for all “Superior” ratings at all festivals. Additional Certificates/Awards may be presented to outstanding groups, sections, or individuals at the discretion of the festival host (i.e. outstanding rhythm section or soloist for Jazz Band Festival).
- 5) All students participating in vocal music festivals must be members of the school’s vocal music program.

VOCAL

- 1) Adjudicators will be contracted for festivals as follows:
 - A. Solo and Ensemble – A maximum of 8 Adjudicators
 - B. Madrigals – 3 Adjudicators
 - C. Concert Choirs – 3 Adjudicators, plus 1 clinician (optional)
 - D. Training Choirs – 2 Adjudicators, plus 1 clinician (optional)
- 2) Clinicians may work with each choral group following its performance. The clinic session will not be judged and ratings will not be given. The clinician will give verbal comments and suggestions for improvement.
- 3) Certificates may be given for all ratings in all festivals, with the exception of the Training Choirs. Training Choirs may be given a certificate of participation.
- 4) All students participating in vocal music festivals must be members of the school’s vocal music program.
- 5) Each school may submit unlimited entries to the Solo and Ensemble Festival; however, directors are encouraged to submit only the names of those students who exhibit superior quality.
- 6) Schools will abide by time limits set forth by the UHSAA Handbook.
- 7) Please refer to “General Policies” in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

INSTRUMENTAL & VOCAL SCHEDULE

INSTRUMENTAL

Thursday, March 11

Region Jazz Festival @ Cottonwood, 4pm

Tuesday, March 23

Instrumental Solo and Ensemble Festival
@ Murray, 4pm

Thursday, April 15

Concert Band Festival @ Hunter, 4pm

Tuesday, April 27

Orchestra Festival @ Skyline, 4pm

VOCAL

Tuesday, March 16, 2009

Vocal Solo and Ensemble @ Cottonwood, 3pm

Wednesday, March 24

Madrigals Festival @ Cyprus, 7pm

Thursday, April 22

Large Choir Festival @ Hunter, 6:30pm

Thursday, April 29

Training Choir Festival @ West, 6:30pm

BOYS SOCCER GUIDELINES & SCHEDULE

Region Chairman: **Hyrum Okeson (Opie), Granger**
Starting Date: **Monday, March 1, 2010**
First Game: **Monday, March 8, 2010**
Inter-Region Play-off: **Tuesday, May 11, 2010**
Quarter Finals: **Friday, May 14, 2010**
State Tournament: **May 18 – 20, 2010**
Academic All-State Accepted Between: **March 30 – April 20, 2010**
Eligibility List Due: **Friday, March 12, 2010**

- 1) League Games will begin for Varsity at 3:30 p.m., Murray Junior Varsity at 3:45 p.m., and for Junior Varsity at 5:15 p.m.
- 2) Region Trophy to first place in regular region play.
- 3) Please refer to “General Policies” in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.
- 4) Game Field Locations for each school: On campus at all schools except for Murray at Murray Park.

BOYS SOCCER SCHEDULE

Tuesday, March 16

West @ Cyprus

Friday, March 19

Hunter @ Granger
West @ Skyline
Cottonwood @ Murray
Bye Cyprus

Tuesday, March 23

West @ Hunter
Cottonwood @ Skyline
Cyprus @ Murray
Bye Granger

Friday, March 26

Skyline @ Granger
Cyprus @ Hunter
Murray @ West
Bye Cottonwood

Tuesday, March 30

Granger @ West
Skyline @ Hunter
Cyprus @ Cottonwood
Bye Murray

Wednesday, April 7

Murray @ Granger
Hunter @ Cottonwood
Skyline @ Cyprus
Bye West

Friday, April 9

Granger @ Cottonwood
Hunter @ Murray
Bye Skyline

Tuesday, April 13

Granger @ Cyprus
Murray @ Skyline
Cottonwood @ West
Bye Hunter

Friday, April 16

Granger @ Hunter
Skyline @ West
Murray @ Cottonwood
Bye Cyprus

Tuesday, April 20

West @ Granger
Hunter @ Skyline
Cottonwood @ Cyprus
Bye Murray

Friday April 23

Granger @ Murray
Cottonwood @ Hunter
Cyprus @ Skyline
Bye West

Tuesday, April 27

Hunter @ West
Skyline @ Cottonwood
Murray @ Cyprus
Bye Granger

Friday, April 30

Granger @ Skyline
Hunter @ Cyprus
West @ Murray
Bye Cottonwood

Tuesday, May 4

Cottonwood @ Granger
Cyprus @ West
Murray @ Hunter
Bye Skyline

Thursday, May 6

Cyprus @ Granger
Skyline @ Murray
West @ Cottonwood
Bye Hunter

GIRLS SOCCER GUIDELINES & SCHEDULE

Region Chairman: **Hyrum Okeson (Opie), Granger**
Starting Date: **Monday, August 3, 2009**
First Game: **Tuesday, August 11, 2009**
Inter-Region Play-off: **Tuesday, October 13, 2009**
Quarter Finals: **Thursday, October 15, 2009**
State Tournament: **October 22 – 24, 2009**
Academic All-State Accepted Between: **September 1-15, 2009**
Eligibility List Due: **August, 28, 2009**

- 1) League Games will begin for Varsity at 3:30 p.m., Murray Junior Varsity at 3:45 p.m., and for Junior Varsity at 5:15 p.m. .
- 2) Region Trophy to first place in regular region play.
- 3) Coaches will meet at Granger High School, on Tuesday, October 27, 2009 at 3:30 p.m. to nominate All **Region II** Academic Athletes. All **Region II** Academics will be based on Cumulative GPA.
- 4) Coaches will meet at Granger High School, on Tuesday, October 27, 2009 at 3:30 to nominate athletes for the All **Region II** Team. Each team will have a specific number of nominees based on their finish in **Region II**.
- 5) Please refer to “General Policies” in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

GAME FIELD LOCATIONS FOR EACH SCHOOL: All school play on campus except Murray at Murray Park.

GIRLS SOCCER SCHEDULE

Thursday, August 20

Hunter @ Granger
West @ Skyline
Cottonwood @ Murray
Bye Cyprus

Tuesday, August 25

Granger @ West
Skyline @ Hunter
Cyprus @ Cottonwood
Bye Murray

Thursday, August 27

Murray @ Granger
Hunter @ Cottonwood
Skyline @ Cyprus
Bye West

Tuesday September 1

West @ hunter
Cottonwood @ Skyline
Cyprus @ Murray
Bye Granger

Thursday, September 3

Skyline @ Granger
Cyprus @ Hunter
Murray @ West
Bye Cottonwood

Tuesday, September 8

Granger @ Cottonwood
Hunter @ Murray
West @ Cyprus
Bye Skyline

Thursday, September 10

Granger @ Cyprus
Murray @ Skyline
Cottonwood @ West
Bye Hunter

Tuesday, September 15

Granger @ Hunter
Skyline @ West
Murray @ Cottonwood
Bye Cyprus

Thursday, September 17

West @ Granger
Hunter @ Skyline
Cottonwood @ Cyprus
Bye Murray

Tuesday, September 22

Granger @ Murray
Cottonwood @ Hunter
Cyprus @ Skyline
Bye West

Thursday, September 24

Hunter @ West
Skyline @ Cottonwood
Murray @ Cyprus
Bye Granger

Tuesday, September 29

Granger @ Skyline
Hunter @ Cyprus
West @ Murray
Bye Cottonwood

Tuesday, October 6

Cottonwood @ Granger
Murray @ Hunter
Cyprus @ West
Bye Skyline

Thursday, October 8

Cyprus @ Granger
Skyline @ Murray
West @ Cottonwood
Bye Hunter

SOFTBALL GUIDELINES & SCHEDULE

Region Chairman: **Lisa Parker, Murray**

Starting Date: **March 1, 2010**

First Game: **March 8, 2010**

1st & 2nd Round State Tournament: **May 11 and 13, 2010**

State Tournament: **May 18-20, 2010**

Academic All-State Accepted Between: **March 20 – April, 2010**

Eligibility List Due: **March 12, 2010**

VARSITY SOFTBALL GUIDELINES

- 1) No time limit will be used.
- 2) Visiting team infield time is 30 minutes prior to game time. Home team infield time is 15 minutes prior to game time.
- 3) Rain-out games will be played as soon as possible. Home team will call opponent and officials by 11:45 a.m. if the game is a "rain-out".
- 4) The run rule will be in effect for all region games. Explanation: If after three (3) innings a team is ahead by 15 runs or 10 runs after the 5th inning, the game will be called.
- 5) Home team is responsible for proper chalk markings and proper field maintenance. Home team will provide two new game balls to the officials.
- 6) Home team scorekeeper will be official scorekeeper. Scorekeeper should be an adult. The winning team is responsible for calling the media with game results.
- 7) Game times for games before Daylight Savings time will begin at 3:00 p.m. Games after Daylight Savings Time will begin at 3:30 p.m. except for the Murray home games which will begin at 3:00 p.m.
- 8) Region will use the optic yellow softball and the double first base.
- 9) Region Trophy to first place in regular region play.
- 10) Ties of standing will follow the **Region II** tie breaking procedure for seeding. Ties occurring among two teams involving a berth in the State Tournament play-offs, the tie will be broken by a playoff game between the two tied teams. If the tie is among more than two teams, the tie will be broken by a 5 inning play-off game with all schools involved. The teams go into the State Tournament according to (1) the best record, (2) most runs scored. All play-offs will be played on a neutral site agreeable to all schools involved, on a day and time agreeable to all schools involved.
- 11) Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

JUNIOR VARSITY SOFTBALL GUIDELINES

- 1) Junior Varsity teams may not compete in varsity tournaments.
- 2) The use of the six run rule except for the last inning will be used. Each team will decide whether or not teams will be allowed to bat their entire roster.
- 3) Junior Varsity games have an hour and a half time limit (may be shortened).
- 4) The Junior Varsity game will follow the Varsity game. Time limit on fields.
- 5) No Starting Varsity player that is a senior will be eligible to play Junior Varsity, unless agreed upon before the Varsity game between the two coaches involved.
- 6) If a Junior Varsity game cannot be played after the varsity game, on the day scheduled, there is no obligation to make it up.

VARSITY SOFTBALL SCHEDULE

Tuesday March 16

West @ Cyprus
Skyline @ Granger
Murray @ Hunter
Cottonwood Bye

Thursday, March 18

Cyprus @ Skyline
Hunter Bye

Tuesday, March 23

Cyprus @ Hunter
Cottonwood @ Murray
West @ Skyline
Granger Bye

Wednesday, March 24

Granger @ Murray
Cottonwood @ West

Thursday, March 25

Cottonwood @ Granger
West @ Hunter
Skyline @ Murray
Cyprus Bye

Tuesday, March 30

Hunter @ Skyline
Granger @ West
Cyprus @ Cottonwood
Murray Bye

Thursday, April 8

Skyline @ Cottonwood
Murray @ Cyprus
Hunter @ Granger
West Bye

Tuesday, April 13

Murray @ West
Hunter @ Cottonwood
Granger @ Cyprus
Skyline Bye

Thursday, April 15

Skyline @ Hunter
West @ Granger
Cottonwood @ Cyprus
Murray Bye

Tuesday, April 20

Murray @ Granger
Skyline @ Cyprus
West @ Cottonwood
Hunter Bye

Thursday, April 22

Cyprus @ West
Granger @ Skyline
Hunter @ Murray
Cottonwood Bye

Tuesday, April 27

Hunter @ Cyprus
Murray @ Cottonwood
Skyline @ West
Granger Bye

Thursday, April 29

Cottonwood @ Skyline
Cyprus @ Murray
Granger @ Hunter
West Bye

Tuesday, May 4

Granger @ Cottonwood
Hunter @ West
Murray @ Skyline
Cyprus Bye

Thursday, May 6

West @ Murray
Cottonwood @ Hunter
Cyprus @ Granger
Skyline Bye

GAME FIELD LOCATIONS FOR EACH SCHOOL

Cottonwood – 5715 S. 1300 East southeast corner
Cyprus – Brockbank Jr. 2935 S. 8560 W south of school
Granger – 3690 S 3600 W west of school
Hunter – 4200 S 5600 W west of school
Murray – Murray Park 330 E. Vine St. north of outdoor pool
Skyline – 3251 E. 3760 S northwest corner
West – 241 N. 300 W. east side of 300 W.

SWIMMING GUIDELINES & SCHEDULE

Region Chairman: **Jared Huff, Murray**

First Meet: **Wed. Oct 15, 2009**

Region Championship: **Saturday Jan. 30, 2010 at Murray (Murray Park Center)**

State Tournament: **Feb 12-13, 2009**

Academic All-State Accepted Between: **Dec. 12, 2009-Jan 15, 2010**

Eligibility List Due: **September 13, 2009**

- 1) Home team has odd lanes, visitors have even lanes.
- 2) Official starter - \$40.00 for dual meet.
- 3) Official starter and referee – Region Championships - \$50.00.
- 4) Stroke judge - \$30.00 for dual meets. Region Championships will require three (3) stroke judges.
- 5) Head timer - \$30.00 for dual meets, \$30.00 for Region Championships.
- 6) Scorer - \$50.00 for the Region championships. For dual meets \$30.00.
- 7) Scoring Region Meet – 12 places.
- 8) Region meet will precede the state meet by two weeks.
- 9) Region entries will be due the Tuesday prior to the region meet. (January 26, 2009) Academic All-Region names (seniors only, 3.75 Overall GPA or higher) must be submitted along with the region entries.
- 10) Please refer to “General Policies” in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

DIVING AWARDS:

Top six medals – boys

Top six medals –girls

SWIMMING AWARDS:

1 Region Trophy – Boys & Girls

48 Medals **each** (boys & girls) for Places 1-6 in Individual Events (Total 96 medals)

200 yd. Free Style 100 yd. Free Style

200 yd. Individual Med. 500 yd. Free Style

50 yd. Free Style 100 yd. Back Stroke

100 yd. Butterfly 100 yd. Breast Stroke

12 Medals **each** (boys & girls) for 1st Place Relays (Total 24 medals)

200 yd. Med. Relay

200 yd. Free Relay

400 yd. Free Relay

SWIMMING SCHEDULE

Thursday, November 5

Region Relay Meet

Thursday, November 12

Granger @ Hunter
Skyline @ Cottonwood
Cyprus @ Murray
West Bye

Thursday, November 19

Cyprus @ Cottonwood
West @ Granger
Hunter @ Murray
Skyline Bye

Thursday, December 3

West @ Cyprus
Cottonwood @ Hunter
Murray @ Skyline
Granger Bye

Thursday, December 10

Hunter @ West
Skyline @ Cyprus
Cottonwood @ Granger
Murray Bye

Thursday, December 17

West @ Cottonwood

Thursday, January 7

Hunter @ Skyline
Granger @ Murray
Cyprus Bye

Thursday, January 14

Cyprus @ Hunter
Skyline @ Granger
Murray @ West
Cotton wood Bye

Thursday, January 21

Cottonwood @ Murray
Granger @ Cyprus
West @ Skyline
Hunter Bye

SITE LOCATIONS FOR MEETS:

Cottonwood: On Campus
Cyprus: On Campus
Granger: On Campus
Hunter: On Campus
Murray: Murray Park Center
Skyline: On Campus
West: Steiner West (California Ave.)

BOYS TENNIS GUIDELINES & SCHEDULE

Region Chairman: **Lani Wilcox, West High School**

Start Date: **March 1, 2010**

First Contest: **March 8, 2010**

Region Championship: **April 26-27, 2010**

State Tournament: **May 7-8, 2010 at Liberty Park**

Academic All-State Accepted Between: **March 23-April 13, 2010**

Eligibility List Due: **March 12, 2010**

REGION DUAL MATCH PLAY:

- 1) All Region Dual Matches will be played on the date scheduled; of course, this will depend upon weather and court conditions. Host coach will be responsible for contacting visiting coach if conditions are insufferable.
- 2) All region dual matches will begin at 3:30 p.m.; however coaches may agree to begin at a later time depending upon the circumstances.
- 3) Each team is expected to have a Junior Varsity contingent. A school's Junior Varsity contingent will travel with the school's varsity team to the host school and play their matches on the day of the scheduled varsity matches. The coach of the visiting team will call the host coach in advance and ascertain the number of Junior Varsity matches to be played. Junior Varsity players will play at least a pro-set.
- 4) Varsity matches will consist of 2 out of 3 sets, 12 point tie-breaker, regular scoring.
- 5) Both coaches at a dual match will provide a written line-up of players by positions to the opposing coach.
- 6) Players are limited to ten minute warm-up; the warm-up does include practice serves.
- 7) A player who is slated to play, but who arrives late; i.e., during the ten minute warm-up, may be inserted into his position; however, the player will not receive the allotted ten minutes to warm up. The tardy player will receive the balance of the team minutes to warm up. Tardy players will be penalized according to the rules beginning at 3:30 p.m. at dual meets. The only exception is if both coaches agree to a later time after being made aware of extenuating circumstances. This exception applies at Region if other players can be assigned to available courts for that round. If a player arrives after the match for which he was slated to play has begun, the tardy player will assume the role of a spectator.
- 8) The home team will furnish for each varsity match; two balls per match; a three set match will receive two new balls at the beginning or the third set.
- 9) A coach may move a singles player to doubles and vice-versa; however, the players must be ranked according to ability in both singles and doubles.
- 10) Coaching on change-overs can only be part of the 90 seconds slowed. Coaching is allowed for only two minutes between sets; however, during the first and second set, players may not leave the court and coaches may not walk on the court, unless requested; between the second and third sets, the players have ten minutes, and players may leave the court.
- 11) Please refer to "General Policies" in the **Region II Handbook** for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

REGION TOURNAMENT PLAY:

- 1) To qualify for the Region Tournament at a particular position, a player must have played at least three (3) of the seven (7) varsity dual region matches at that particular position. If extenuating circumstances preclude this from happening, then a majority of the coaches would have to agree on any exceptions at the pre-region tournament seeding meeting.
- 2) Seeding of the Region Tournament will be conducted by the region coaches at 8:00 a.m. on the morning of the Region Tournament. Seeds will be based on Region dual matches results at a particular position. The most recent rankings by the Utah Tennis Association may be used as a secondary source for seeding. Matches start at 9:00 a.m. the first day and 3:30 p.m. the last day. Must have a minimum of two referees/U.T.A. 944.8782

- 3) Players who have played at the #1 or #2 singles position four or more times during region dual matches are not eligible to play at the #2 doubles position at Region Tournament.
- 4) J.V. Tournament: Schools can enter 2 singles and 1 doubles. All pro set except Championship. Add scoring.
- 5) The region championship trophy will be awarded to the team which has accrued the highest point total based upon the following schedule:
 - A. Each team dual match victory: 1 point per match (5 pts. Total)
 - B. Region Tournament where 5 qualify for State:
 - 1st Place: 5 points
 - 2nd Place: 4 points
 - 3rd Place: 3 points
 - 4th Place: 2 points
 - 5th Place: 1 point
- 6) No more than fourteen (14) matches will be played by team players during the course of the UHSAA tennis season. This restriction does not apply to those matches played either at the Region or State Tournaments. To qualify for state a player must have played 5 of those matches at the particular position.
- 7) All Players in Region Tournament shall wear a team shirt with the school name printed on the shirt.

JUNIOR VARSITY REGION TOURNAMENT PLAY:

- 1) 2 day – an entry for each position, 3 singles & 2 doubles.
- 2) Pre-sets until final – 2 out of 3 sets regular scoring.
- 3) Seeds will be drawn randomly.

SITE LOCATIONS FOR MEETS:

Murray SEE SCHEDULE
 Skyline on campus
 West on campus
 Cyprus on campus
 Granger on campus
 Cottonwood on campus
 Hunter on campus

*Region Trophy to first place in regular region play.

BOYS TENNIS SCHEDULE

Monday, March 8

Murray @ Skyline
West @ Cyprus
Granger @ Cottonwood
Hunter Bye

Tuesday, March 9

Murray @ West
Skyline @ Cyprus
Granger @ Hunter
Cottonwood Bye

Thursday, March 11

Murray @ Cyprus
Skyline @ Cottonwood
West @ Hunter
Granger Bye

Tuesday, March 16

Murray @ Granger
Skyline @ West
Cottonwood @ Hunter
Cyprus Bye

Thursday March 18

Murray @ Cottonwood
Skyline @ Granger
Cyprus @ Hunter
West Bye

Monday, March 22

Murray @ Hunter
West @ Granger
Cyprus @ Cottonwood
Skyline Bye

Tuesday, March 23

Skyline @ Hunter
West @ Cottonwood
Cyprus @ Granger
Murray Bye

Thursday, March 25

Skyline @ Murray
Cyprus @ West
Cottonwood @ Granger
Hunter Bye

Monday, March 29

Murray @ West
Cyprus @ Skyline
Hunter @ Granger
Cottonwood Bye

Monday, April 12

Cyprus @ Murray
Cottonwood @ Skyline
Hunter @ West
Granger Bye

Tuesday, April 13

Murray @ Granger
West @ Skyline
Hunter @ Cottonwood
Cyprus Bye

Thursday, April 15

Cottonwood @ Murray
Skyline @ Granger
Cottonwood @ Cyprus
West Bye

Tuesday, April 20

Hunter @ Murray
Granger @ West
Cottonwood @ Cyprus
Skyline Bye

Thursday, April 22

Hunter @ Skyline
Cottonwood @ West
Granger @ Cyprus
Murray Bye

GIRLS TENNIS GUIDELINES & SCHEDULE

Region Chairman: **Lani Wilcox, West High School**

Start Date: **August 3, 2009**

First Contest: **August 25, 2009**

Region Championship: **September 29-30, 2009**

State Tournament: **October 8 & 10, 2009 at Liberty Park**

Academic All-State Accepted Between: **August 25- September 8, 2009**

Eligibility List Due: **August 28, 2009**

REGION DUAL MATCH PLAY:

- 1) All Region Dual Matches will be played on the date scheduled; of course, this will depend upon weather and court conditions.
Host coach will be responsible for contacting visiting coach if conditions are insufferable.
- 2) All region dual matches will begin at 3:30 p.m.; however coaches may agree to begin at a later time depending upon the circumstances.
- 3) Each team is expected to have a Junior Varsity contingent. A school's Junior Varsity contingent will travel with the school's varsity team to the host school and play their matches on the day of the scheduled varsity matches. The coach of the visiting team will call the host coach in advance and ascertain the number of Junior Varsity matches to be played. Junior Varsity players will play at least a pro-set.
- 4) Varsity matches will consist of 2 out of 3 sets, 12 point tie-breaker, regular scoring.
- 5) Both coaches at a dual match will provide a written line-up of players by positions to the opposing coach.
- 6) Players are limited to ten minute warm-up; the warm-up does include practice serves.
- 7) A player who is slated to play, but who arrives late; i.e., during the ten minute warm-up, may be inserted into his position; however, the player will not receive the allotted ten minutes to warm up. The tardy player will receive the balance of the team minutes to warm up. Tardy players will be penalized according to the rules beginning at 3:30 p.m. at dual meets. The only exception is if both coaches agree to a later time after being made aware of extenuating circumstances. This exception applies at Region if other players can be assigned to available courts for that round. If a player arrives after the match for which she was slated to play has begun, the tardy player will assume the role of a spectator.
- 8) The home team will furnish for each varsity match; two balls per match; a three set match will receive two new balls at the beginning or the third set.
- 9) A coach may move a singles player to doubles and vice-versa; however, the players must be ranked according to ability in both singles and doubles.
- 10) Coaching on change-overs can only be part of the 90 seconds slowed. Coaching is allowed for only two minutes between sets; however, during the first and second set, players may not leave the court and coaches may not walk on the court, unless requested; between the second and third sets, the players have ten minutes, and players may leave the court.
- 11) Please refer to "General Policies" in the **Region II Handbook** for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

REGION TOURNAMENT PLAY:

- 1) To qualify for the Region Tournament at a particular position, a player must have played at least three (3) of the seven (7) varsity dual region matches at that particular position. If extenuating circumstances preclude this from happening, then a majority of the coaches would have to agree on any exceptions at the pre-region tournament seeding meeting.
- 2) Seeding of the Region Tournament will be conducted by the region coaches at 8:00 a.m. on the morning of the Region Tournament. Seeds will be based on Region dual matches results at a particular position. The most recent rankings by the Utah Tennis Association may be used as a secondary source for seeding. Matches start at 9:00 a.m. the first day and 3:30 p.m. the last day. Must have a minimum of two referees/U.T.A. 944.8782

- 3) Players who have played at the #1 or #2 singles position four or more times during region dual matches are not eligible to play at the #2 doubles position at Region Tournament.
- 4) J.V. Tournament: Schools can enter 2 singles and 1 doubles. All pro set except Championship. Add scoring.
- 5) The region championship trophy will be awarded to the team which has accrued the highest point total based upon the following schedule:
 - A. Each team dual match victory: 1 point per match (5 pts. Total)
 - B. Region Tournament where 5 qualify for State:
 - 1st Place: 5 points
 - 2nd Place: 4 points
 - 3rd Place: 3 points
 - 4th Place: 2 points
 - 5th Place: 1 point
- 6) No more than fourteen (14) matches will be played by team players during the course of the UHSAA tennis season. This restriction does not apply to those matches played either at the Region or State Tournaments. To qualify for state a player must have played 5 of those matches at the particular position.
- 7) All Players in Region Tournament shall wear a team shirt with the school name printed on the shirt.

JUNIOR VARSITY REGION TOURNAMENT PLAY:

- 1) 2 day – an entry for each position, 3 singles & 2 doubles.
- 2) Pre-sets until final – 2 out of 3 sets regular scoring.
- 3) Seeds will be drawn randomly.

SITE LOCATIONS FOR MEETS:

Murray	SEE SCHEDULE
Skyline	on campus
West	on campus
Cyprus	on campus
Granger	on campus
Cottonwood	on campus
Hunter	on campus

*Region Trophy to first place in regular region play.

GIRLS TENNIS SCHEDULE

Monday, August 24

Murray @ Skyline
West @ Cyprus
Granger @ Cottonwood
Hunter Bye

Wednesday, August 26

Murray @ West
Skyline @ Cyprus
Granger @ Hunter
Cottonwood Bye

Friday, August 28

Murray @ Cyprus
Skyline @ Cottonwood
West @ Hunter
Granger Bye

Monday, August 31

Murray @ Granger
Skyline @ West
Cottonwood @ Hunter
Cyprus Bye

Wednesday, September 2

Murray @ Cottonwood
Skyline @ Granger
Cyprus @ Hunter
West Bye

Friday, September 4

Murray @ Hunter
West @ Granger
Cyprus @ Cottonwood
Skyline Bye

Tuesday, September 8

Skyline @ Hunter
West @ Cottonwood
Cyprus @ Granger
Murray Bye

Thursday, September 10

Skyline @ Murray
Cyprus @ West
Cottonwood @ Granger
Hunter Bye

Monday, September 14

Murray @ West
Cyprus @ Skyline
Hunter @ Granger
Cottonwood Bye

Wednesday, September 16

Cyprus @ Murray
Cottonwood @ Skyline
Hunter @ West
Granger Bye

Friday, September 18

Murray @ Granger
West @ Skyline
Hunter @ Cottonwood
Cyprus Bye

Monday, September 21

Cottonwood @ Murray
Granger @ Skyline
Hunter @ Cyprus
West Bye

Wednesday, September 23

Hunter @ Murray
Granger @ West
Cottonwood @ Cyprus
Skyline Bye

Thursday, September 24

Hunter @ Skyline
Cottonwood @ West
Granger @ Cyprus
Murray Bye

TRACK & FIELD GUIDELINES & SCHEDULE

Region Chairman: **Randy Isham, Cyprus**

First Contest: **March 8, 2009**

Region J.V. Meet: **May 11, 2010 @ Cottonwood**

Region Championship: **May 5-6, 2010 @ Cottonwood**

State Tournament: **May 14-15, 2010 @ BYU**

Academic All-State Accepted Between: **April 6- 27, 2010**

Eligibility List Due: **March 12, 2010**

- 1) Track meets for boys and girls are to be conducted concurrently.
- 2) Track meets will start at 3:30 p.m.
- 3) The following awards should be given.
 - A. 1 Team Region Trophy (Boys & Girls).
 - B. Region J.V. Meet: Certificates for the first six (6) places in individual events and first in the relays.
 - C. Region Championship Meet: Medals for the first six (6) places in individual events, and medals to 1st place relay teams. Top five places at Region Championship qualify for the State meet. (Students can also qualify for the state meet at invitationals.)
- 4) The responsibility of deciding if a meet should be cancelled rests with the host school. Although input from the other participating schools should be obtained whenever possible, the final decision rests with the host school.
- 5) Region Meets:
 - A. Anyone qualifying for a state event cannot participate in the J.V. Region Meet.
 - B. Home school is appointed Meet Director in charge.
- 6) Meets:
 - A. Participants must be designated before running of their events.
 - B. The men's and women's heats may be combined as designated by the host school
 - C. All schools are responsible for bringing their own name tags.
 - D. All field events will be limited to four (4) attempts – no finals.
- 7) Region Championship Meet:
 - A. Each school shall be allowed five athletes per event and one relay team per relay event.
 - B. There will be an all-region designation given to the region champions in each event. The host school will notify the press.
 - C. If not an invitational time, it is considered as "no time".
 - D. The games committee and/or referee will make all decisions on any protest that may occur.
 - E. Seeding meeting will be held under the direction of the host school.
 - F. Top 8 times for track and top9 for field events will advance to finals, regardless of placing in heat.
 - G. Pole Vault is a non-scoring event.
 - H. Cottonwood must hire a field judge from the UHSAA who is US Track & Field certified.
- 8) Budgets:
 - A. Region Championship Meet costs to be pre-approved by the **Region II** Board of Managers.
 - B. Cost of J.V. Meet will be paid by the region by approval in advance.
- 9) Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

TRACK & FIELD SCHEDULE

Wednesday, March 24

Granger, Murray, Skyline @ West
Cottonwood, Hunter @ Cyprus

Wednesday, April 7

Cyprus, Granger @ Murray
Hunter, Skyline @ Cottonwood

Wednesday, April 14

Murray, Hunter, West @ Cottonwood
Granger, Skyline @ Cyprus

Wednesday, April 21

Hunter, Cyprus, Granger @ West
Skyline, Cottonwood @ Murray

Wednesday, April 28

Cyprus, Granger @ Murray
Skyline, Hunter, Cottonwood @ West

VOLLEYBALL GUIDELINES & SCHEDULE

Region Chairman: **Mindy Wilder, West**

Starting Date: **August 10, 2009**

First Game: **August 18, 2009**

State Tournament: **November 6-7, 2009**

Academic All-State Accepted Between: **September 22- October 6, 2009**

Eligibility List Due: **August 28, 2009**

- 1) Each school will submit complete game schedules to all Region 2 schools.
- 2) Time of Region Games:
 - A. Sophomore: 3:30 games play 3 out of 5 (Montana scoring).
 - B. Varsity.: 4:45 – Warm up will begin immediately following Sophomore.
 - C. J. V. 6:00 – Warm up will begin immediately following Varsity (Montana scoring).
- 3) Region Championship trophy will be awarded to the winning team. **A 4-4-2 warm-up time will take place on the game court** immediately following the previous match.
- 4) The All-Region Team will be selected by the coaches at the end of the season. The meeting will be Wednesday, October 28 at 6:00 pm at West High School Coaches Office. Will determine MVP and 6 member 1st Team and player from each team on the 2nd Team. Academic All-Region team chosen-any senior with a 3.75 GPA or higher.
- 5) Official Line Judges, one from each team, must be provided for the Varsity Game.
- 6) Court needs to be set up one hour prior to the start time of first game. **A practice court must be set up prior to the sophomore game time in an auxiliary gym for general warm-ups.**
- 7) The game court needs to be set up one hour prior to the start time of the first match.
- 8) The winning team coach is responsible to call the scores to the Deseret News and the Tribune along with stats for both teams.
- 9) Please refer to “General Policies” in the **Region II Handbook** for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

VOLLEYBALL SCHEDULE

Thursday, September 3

Murray @ Granger
Cottonwood @ Skyline
West @ Hunter
Cyprus Bye

Tuesday, September 8

Skyline @ Murray
Granger @ Cottonwood
Hunter @ Cyprus
West Bye

Thursday, September 10

Granger @ Skyline
Cyprus @ West
Cottonwood @ Murray
Hunter Bye

Tuesday, September 15

Hunter @ Cottonwood
Murray @ West
Skyline @ Cyprus
Granger Bye

Thursday, September 17

Cyprus @ Cottonwood
West @ Granger
Murray @ Hunter
Skyline Bye

Thursday, September 24

Cyprus @ Murray
Hunter @ Granger
West @ Skyline
Cottonwood Bye

Tuesday, September 29

Skyline @ Hunter
Granger @ Cyprus
Cottonwood @ West
Murray Bye

Tuesday, October 6

Granger @ Murray
Skyline @ Cottonwood
Cyprus @ Hunter
West Bye

Thursday, October 8

Murray @ Skyline
Cottonwood @ Granger
Hunter @ West
Cyprus Bye

Tuesday, October 13

Skyline @ Granger
West @ Cyprus
Murray @ Cottonwood
Hunter Bye

Thursday, October 15

Cottonwood @ Hunter
West @ Murray
Cyprus @ Skyline
Granger Bye

Tuesday, October 20

Cottonwood @ Cyprus
Granger @ West
Hunter @ Murray
Skyline Bye

Thursday, October 22

Skyline @ West
Murray @ Cyprus
Granger @ Hunter
Cottonwood Bye

Tuesday, October 27

Hunter @ Skyline
Cyprus @ Granger
West @ Cottonwood
Murray Bye

WRESTLING GUIDELINES & SCHEDULE

Region Chairman: **Craig Stauffer, Hunter**

Start Date: **November 9, 2009**

First Contest: **November 24, 2009**

Region Open Tournament: **January 29, 2010 @ Murray**

Region Tournament: **February 3 & 4, 2010 @ Hunter**

State Tournament: **February 10, 11, & 12, 2010**

Academic All-State Accepted Between: **January 12, 2010**

Eligibility List Due: **December 4, 2009**

1) Starting times for **Region II** matches will be as follows:

A. Weigh-ins - 4:00 pm

B. JV matches - 5:00 pm

C. Varsity matches - 5:45 pm or following J.V.

The gym must be cleared of all other activities by 4:30pm so it can be set up for dual matches. A change in starting time will require mutual agreement between the principals of the two schools involved. Changes in dates of activities require the approval of the **Region II** Board of Managers. Host schools are responsible to notify the arbiter of any time or date changes.

2) There is to be no weight allowance given unless there are back-to-back dual meets. A coach must contact the opposing coach 24 hours in advance if this situation occurs.

3) To meet National Federation and State guidelines, a wrestler must certify at a specific weight class prior to his first wrestling match. Please refer to the UHSAA website for complete information on wrestler weight certification.

4) Platform scales must be certified (by a government agency) by November 2nd of each year.

5) Coaches will exchange line-ups by **email or fax**, by 10:00 a.m. to the opposing schools the day of the match; the line-up should include Varsity, JV and Extras. Exception: Weigh-in at home for Region Open JV tournament.

6) The state arbiter for varsity and JV will assign the officials for all region matches, non-region matches, and sophomore meets. All officials must be certified.

7) A maximum of twenty-four (24) encounters will be allowed in addition to Region and State Meets. All tournaments will be counted as three (3) encounters. Dual meets count as an encounter.

8) Any school with a wrestler who is unable to compete in the State Meet must notify the Region Chairperson immediately and the replacement wrestler's coach. The Region Fifth place wrestler should be available to fill in a possible bye in the tournament bracket at the State Tournament.

REGION VARSITY TOURNAMENT

1) Each school may enter two wrestlers per weight division.

2) Wrestlers will be seeded into the tournament by criteria; attempts will be made to seed six.

3) All rounds will be scored in the tournament

4) Weigh-ins will be conducted as per state guidelines.

5) The seeding meeting will be under the direction of the host school with the head coach and Region Chair doing the pre-seeding. Byes will be assigned beginning with the first seed and moving down to subsequent seeds.

6) Each coach will be required to bring to the Region Open Tournament a list of each wrestler's win/loss record with each opponent's name and school by 1:00 p.m. This should include all Region duals highlighted with the weight in which the wrestler competed.

- 7) Wrestlers may not change weight class after the seeding meeting without a coach's vote.
- 8) Double bonus points will be awarded to wrestlers who received byes and then win their subsequent match in the championship round only. Advancement points will be awarded to winners in the championship bracket with previous round byes.
- 9) Awards presented by Region Host School
 - A. An outstanding Coach
 - B. Dual Meet Championship Award
- 10) Awards presented and provided by **Region II**
 - A. Region Tournament Trophy and medals first–sixth place
 - B. Outstanding Wrestler, Upper and Lower
- 11) Tournament times will be set by host school
- 12) The following criteria will be used for seeding wrestlers in **Region II** Wrestling Tournament:
 - A. Agreement among coaches who is the best wrestler (4-2 vote)
 - B. Head-to-Head record in **Region II** Dual Meet competition a wrestler has a winning record over opponent, this will supersede the **Region II** dual meet win (2 out 3 rule).
 - C. Head-to-Head record in any competition.
 - D. Region wins at the same weight.
 - E. Common opponents
 - F. Region wins
 - G. Previous State finish in order of finish (same weight)
 - H. Previous Region finish in order of finish (same weight)
 - I. Previous State finish in order of finish (different weight)
 - J. Previous Region finish in order of finish (different weight)
 - K. Coin toss
 - L. In case of a three or four way tie, once the first place wrestler has been determined; seeding of subsequent places (2nd, 3rd, 4th) will be determined by starting at criteria number one.

Region Open Tournament

- 1) This Tournament is **not** limited to sixteen entries
- 2) Reminder; this tournament will count towards the 24 encounter limit
- 3) Eligible wrestlers:
 - A. A Wrestler with no more than 2 Region varsity wins, excluding forfeits, may compete.
 - B. A Wrestler with 3Varsity Region win may compete in **one** tournament: Region Open or Region Varsity Tournament; Forfeits not included.
 - C. Freshman, sophomores, juniors and seniors are eligible
 - D. No team points will be scored.

WRESTLING SCHEDULE

Thursday, December 3

Hunter @ Cottonwood
Granger @ Cyprus
West @ Skyline
Murray - Bye

Thursday, December 10

Skyline @ Granger
Cottonwood @ Murray
Cyprus @ Hunter
West - Bye

Thursday, December 17

Cottonwood @ Skyline
Murray @ Cyprus
West @ Granger
Hunter - Bye

Thursday, January 7

Murray @ Hunter
West @ Cottonwood
Cyprus @ Skyline
Granger - Bye

Thursday, January 14

Hunter @ Skyline
Murray @ West
Cottonwood @ Granger
Cyprus - Bye

Thursday, January 21

Hunter @ West
Granger @ Murray
Cyprus @ Cottonwood
Skyline - Bye

Thursday, January 28

Cyprus @ West
Skyline @ Murray
Granger @ Hunter
Cottonwood - Bye